

RIISING TOGETHER

A PRE - THE FAMILY CAFE EVENT



The **2022 Women's Summit** offers a full day of personal healing and growth for women in varying stages of life, addressing the needs of women who hold diverse interests and share a desire to better take care of their own health and well-being, so they can in turn support the health and wellness of their family members.

As caregivers, women too often experience the stress and burnout that tends to accompany that role. The purpose of the Women's Summit is to connect caregivers with knowledge and resources focused on self-care, in a safe, friendly, compassionate environment.

At the 2022 Women's Summit, you will release your anxiety and stress with new insights, sound, song, movement, and deep relaxation. You will emerge rejuvenated, reconnected, and ready to confidently move forward in your role as caregiver.

Registration Form

The mandatory fee for the Women's Summit is \$25, due at the time of registration. A catered luncheon will be provided. Limited financial assistance is available for lodging only.

Online registration is available at <https://familycafe.net/2022-womens-summit/>. You can also complete the form below and return it to The Family Café by email to info@familycafe.net; fax to (850) 224-4674; or mail to 820 E. Park Ave., Suite F-100, Tallahassee, FL 32301. Registrations will be accepted until Friday, April 1st, 2022. Registration is limited and is available on a first-come, first-served basis until the Women's Summit is FULL! No registrations will be accepted at the door. This event is specifically designed for women. Please make other arrangements for children and spouses.

Name: _____

Address: _____

City: _____ County: _____ State: _____ Zip: _____

Phone: _____ Email: _____

TOTAL AMOUNT DUE: \$25.00

Enclosed is a: Check Purchase Order

Please Bill: MasterCard Visa AMEX Discover

Credit Card Number: _____

Expiration Date: _____ 3 Digit Security Code: _____

Name as it appears on the card: _____

I am requesting financial assistance for the Hotel. Please check one:

The 2022 Women's Summit only (May 26th, 2022)

The 2022 Women's Summit and The 24th Annual Family Café (May 27th-29th, 2022)

