

The
15th
Annual
family
Cafe



Featuring The Governor's Summit on Disabilities

June 7-9, 2013
The Hilton Orlando
Orlando, Florida



RICK SCOTT
GOVERNOR

June 7, 2013



Dear Family Café Attendees:

It is my privilege to welcome you to the 15th Annual Family Café and Summit on Disabilities at the Hilton Orlando. I wish you a successful and informative conference and encourage you to learn all you can during this time.

As Governor, it is my goal to provide each and every Floridian with the opportunity to find a job and pursue the American dream. That is why I called for a \$36-million investment to allow an additional 750 individuals with critical needs on the Agency for Persons with Disabilities (APD) waiver waiting list to enroll in the APD Home and Community-Based Services Medicaid waiver, so they can live, learn, and work in their local communities. This funding marks the first of its kind in eight years, and will help hundreds of families receive services to improve their quality of life and provide their loved ones with greater skills so they can find a job.

Creating jobs for Floridians is my top priority, and that includes people with disabilities. That is why I am excited that the Legislature has agreed to an initial \$500,000 investment to assist people on the waiver waiting list who have indicated that they want to go to work. This funding will pay for supported employment services to help 200 people with developmental disabilities obtain and maintain jobs and internships.

I am also proud of our state agencies for working together to find new approaches to encouraging employers to hire more citizens with disabilities. Our efforts to reduce taxes, pay down state debt, and grow our economy are creating an environment where private-sector jobs are growing. As a result, Florida families have the opportunity to live their version of the American dream in the Sunshine State. While our strategy is working, we won't stop working until every Florida family that wants a job can get one.

Thank you for all you are doing to help Floridians with disabilities grow and prosper in their own communities.

Sincerely,

A handwritten signature in blue ink, appearing to read "Rick Scott".

Rick Scott
Governor

The 15th Annual Family Café



Dear Family Café Attendees,
Welcome to Orlando and The 15th Annual Family Café!

The Annual Family Café is a three-day statewide event designed to meet the need for information and networking among people with disabilities and/or special health care needs and their families here in Florida. The Family Café Planning Committee, which is comprised of self-advocates, family members, fellow non-profits and state agency partners, plays a central role in planning The Annual Family Café. It is our mission to provide you and your family with an opportunity for Collaboration, Advocacy, Friendship and Empowerment in a family-centered environment.

We are excited to return to the Hilton Orlando for this year's event. We hope you have an opportunity to take advantage of everything the hotel has available for its guests, including the wide variety of dining options and the zero-entry pool. If you have any questions on getting around the Hilton, please let one of us know, and we will be happy to help you.

This year's Family Café promises to be another exciting, informative and action-packed event. Once again it will include a wide range of breakout sessions on a number of subjects, with a number of those sessions organized into "tracks." They include Military Families, Smart Money, Mental Health, Employment, Disaster Preparedness, Advocacy, Youth, Recreation, and Birth to Age Five. The tracked sessions are indicated by special graphics in the program.

We are also excited to have a full Exhibit Hall with dozens of booths this year. Friday in the Exhibit Hall will feature an Employment Expo, where attendees can sharpen their job search skills. The Exhibit Hall also features a host of self-advocate owned and operated Micro-Enterprises, so please plan on showing your support for their efforts by visiting their booths.

This year's Annual Family Café also includes a great series of Keynotes and special events. Friday will feature Dr. Pam Popper, internationally recognized health and nutrition expert. She will be discussing the essential links between diet and health. At Saturday's Keynote, our friends from Gatorland will be on hand to show off some of their animal friends. Join us again on Sunday to view Defining Beauty, a documentary that examines the Annual Ms. Wheelchair America Pageant, to be followed by a panel discussion with three Ms. Wheelchair participants.

We also have a great Annual Governor's Summit on Disabilities planned for Friday evening, with both Governor Scott and State Senator Bill Galvano on hand to discuss the state of disability policy in Florida. They will be joined by autism advocate and NFL great Dan Marino. Sunday will include a Rubber Duck Race on the Hilton's lazy river, sponsored by our friends at the Florida Disabled Outdoors Association.

There's a lot going on this weekend, and we sincerely hope that your participation in The 15th Annual Family Café leaves you feeling informed, educated and empowered. And as always, please let us know if there is anything we can do to serve you better!

Yours,
The Family Café Planning Committee



June 7, 2013

Rick Scott
Governor

Barbara Palmer
Director

State Office

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(866-273-2273)

Dear Annual Family Café Attendee:


Welcome to the 15th Annual Family Café and Summit on Disabilities in Orlando. On behalf of Governor Rick Scott and the Florida Agency for Persons with Disabilities, I want to encourage you to make the most of this conference and the educational opportunities that are provided here.

Florida's Agency for Persons with Disabilities is committed to helping people with developmental disabilities live, learn, and work in their communities. The agency serves about 50,000 people with spina bifida, autism, intellectual disabilities, cerebral palsy, Down syndrome, and Prader-Willi syndrome.

The Family Café offers people with disabilities and their families a welcoming environment to educate themselves about resources that are available in Florida to meet their needs. Families and organizations must work together to come up with viable solutions to meet everyone's needs in these difficult economic times. APD has an online Resource Directory at APDcares.org which also may offer solutions when government resources are not available. Stop by the APD booth for more details.

Throughout this conference, you will have opportunities to discuss with other people your challenges, experiences, and solutions. There will be providers and exhibitors that may have valuable information to benefit you, so take advantage of the educational atmosphere at this conference. Again, I hope you enjoy your time at the conference!

Sincerely,


 Barbara Palmer
 Director

<http://apdcares.org>



RICK SCOTT
GOVERNOR



ELIZABETH DUDEK
SECRETARY

June 7, 2013


Dear Family Café Participants:

Welcome to the 15th Annual Family Café! The Agency for Health Care Administration is honored to once again be a partner in this educational and informational event. The Family Café offers a wonderful opportunity to enrich the lives of individuals with disabilities through a variety of sessions, exhibits and networking opportunities with the thousands of individuals who attend each year.

Agency staff will be available throughout the conference to share information with you either at our booth in the exhibit hall or at one of the workshops we are sponsoring. During the workshops you will learn about the different Medicaid services and waivers available, your eligibility for services and obtain information on the many ways the Agency supports individuals with disabilities and their families who choose to live and work in Florida's communities.

Whether this is your first time joining the Family Café or you are a seasoned participant, I hope you will take advantage of these learning opportunities, meet your Medicaid state agency representatives and partners, and get answers to questions you may have about Florida's Medicaid program. Once again, welcome and best wishes to each of you.

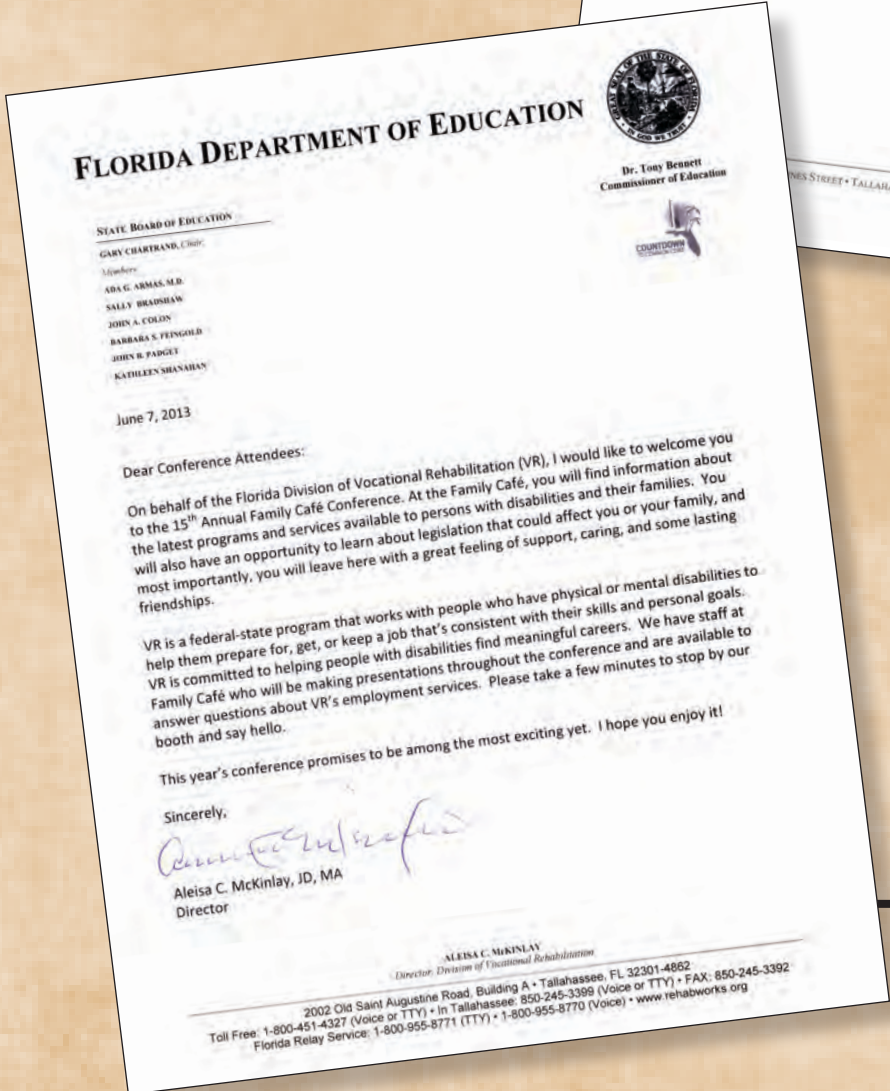
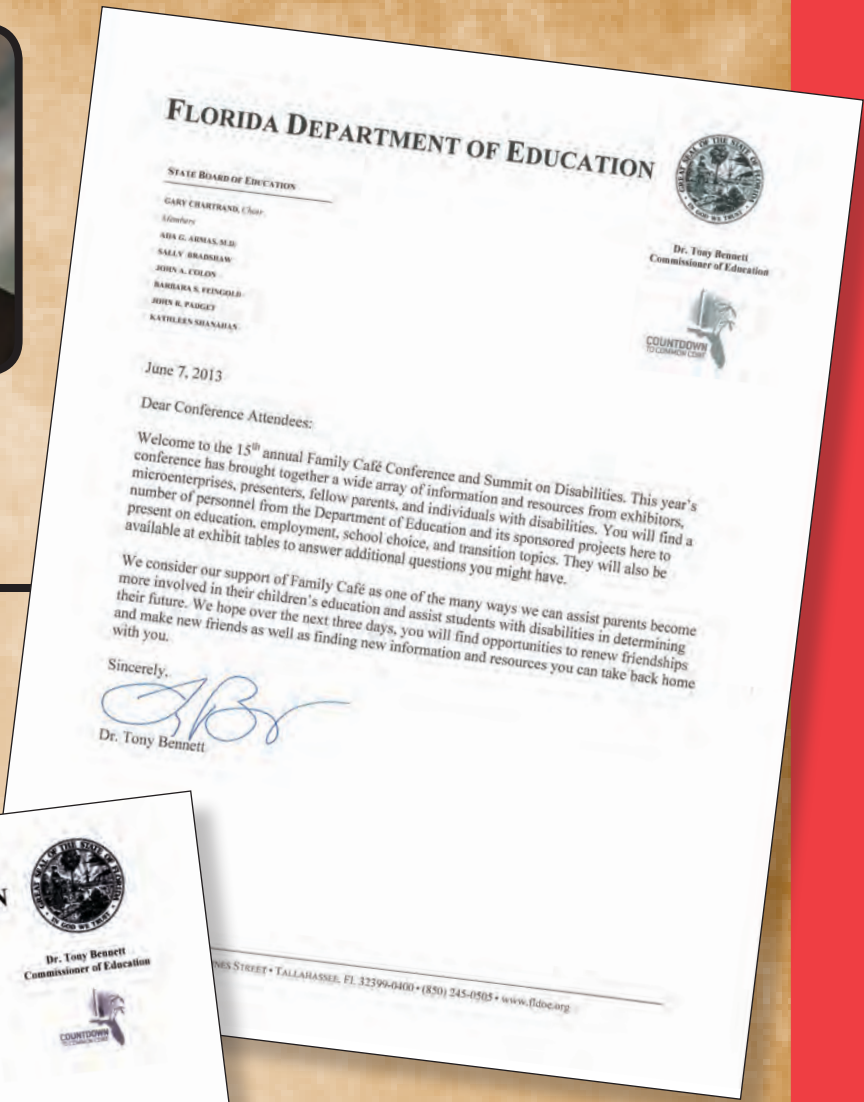
Sincerely,


 Elizabeth Dudek
 Secretary

2727 Mahan Drive • Mail Stop #1
Tallahassee, FL 32308



Visit AHCA online at
AHCA.MyFlorida.com



Mission:
To protect, promote & improve the health
of all people in Florida through integrated
state, county & community efforts.



Rick Scott
Governor
John H. Armstrong, MD, FACS
State Surgeon General & Secretary

April 30, 2013

Dear Family Café Conference Participants:

As the State Surgeon General and Secretary of the Department of Health, I welcome you to the 15th Annual Family Café Conference. I know that the upcoming days will be filled with exciting opportunities for you to learn about new resources while connecting with other families and community partners around the state.

Over the years, the Family Café has built numerous partnerships with State Agencies including the Department of Education, Department of Children and Families, the Agency for Persons with Disabilities and the Department of Health. Our particular focus this year is inter-agency collaboration to make services more accessible to Floridians with special health care needs and their families. With the delivery of quality public health services in communities, we work to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Learn more about the Florida Department of Health by visiting us online at <http://floridashealth.com>.

The Department of Health is proud of what Family Café provides individuals with disabilities. Please continue to let us know how we can help support Floridians with disabilities and special health care needs.

Sincerely,

John H. Armstrong
John H. Armstrong, MD, FACS
Surgeon General & Secretary
Florida Department of Health

Florida Department of Health
Office of the State Surgeon General
4052 Bank Cypress Way, Bldg A-00 • Tallahassee, FL 32399-1701
PHONE: 904-245-4210 • FAX: 904-922-9453



State of Florida
Department of Children and Families

Rick Scott
Governor
David E. Wilkins
Secretary

April 1, 2013

Dear Family Café Participants:

On behalf of the Department of Children and Families, it is my honor to welcome you to the 15th Annual Family Café. The Department is pleased to be able to help sponsor this event. Over the next few days, you have the chance to learn and gain valuable resources about the latest programs and supports available to persons with disabilities and their families.

The Family Café has an extensive history of bringing families together to identify resources, network with each other and positively impact Florida's system of care. This annual event has provided thousands of Florida families with information, training, and resources since it began in 1998. The Department of Children and Families has been proud to partner with The Family Café and to support its mission to provide individuals with disabilities and their families with an opportunity for collaboration, advocacy, friendship, and empowerment by serving as a facilitator of communication, a space for dialogue, and a source of information.

The Department of Children and Families has worked collaboratively with the Family Café and similar organizations to expand the principles of system of care reform, including assuring that services in Florida are youth-guided and family driven. The Family Café has made great strides in involving families in shaping Florida's system of care, partnering successfully with the Department and other agencies and disseminating information and resources regarding children's needs.

Best wishes for a successful and productive event.

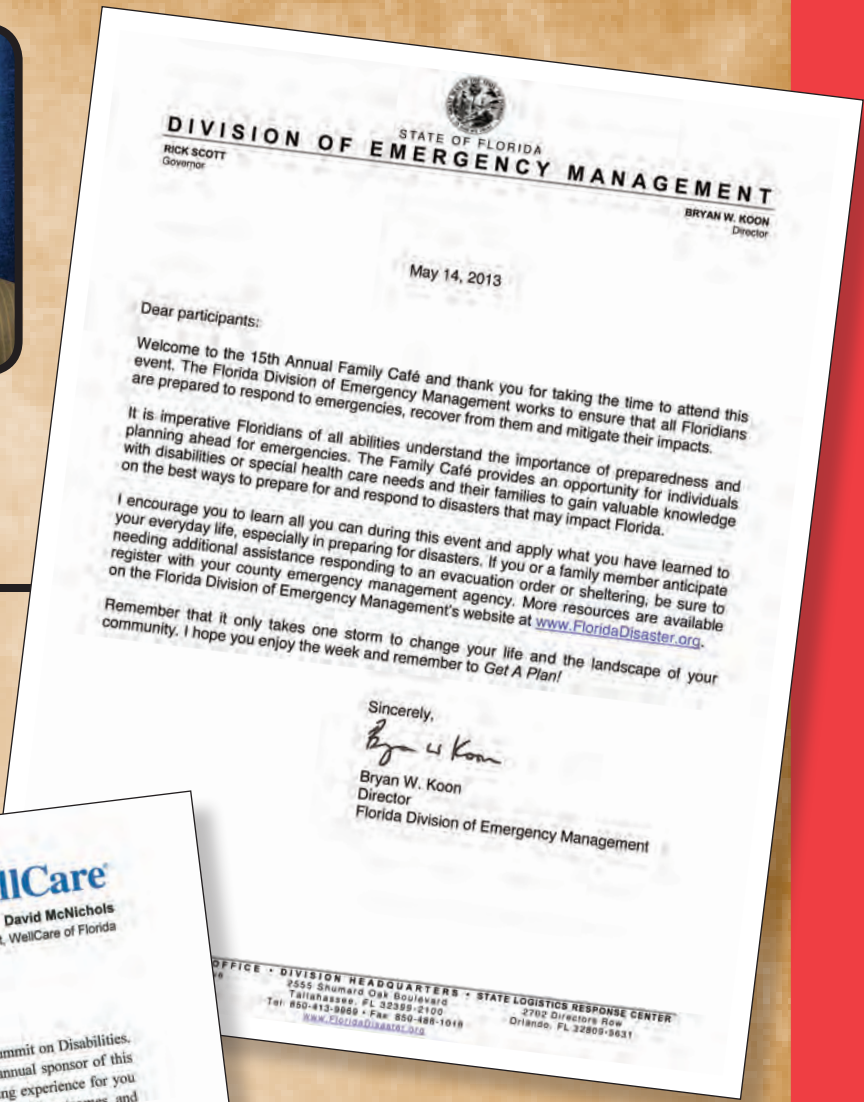
Sincerely,

David E. Wilkins
David E. Wilkins
Secretary

1317 Winewood Boulevard, Tallahassee, Florida 32399-0700

Mission: Protect the Vulnerable, Promote Strong and Economically Self-Sufficient Families, and Advance Personal and Family Recovery and Resiliency





STATE OF FLORIDA
DIVISION OF EMERGENCY MANAGEMENT
RICK SCOTT Governor
BRYAN W. KOON Director

May 14, 2013

Dear participants:

Welcome to the 15th Annual Family Café and thank you for taking the time to attend this event. The Florida Division of Emergency Management works to ensure that all Floridians are prepared to respond to emergencies, recover from them and mitigate their impacts.

It is imperative Floridians of all abilities understand the importance of preparedness and planning ahead for emergencies. The Family Café provides an opportunity for individuals with disabilities or special health care needs and their families to gain valuable knowledge on the best ways to prepare for and respond to disasters that may impact Florida.

I encourage you to learn all you can during this event and apply what you have learned to your everyday life, especially in preparing for disasters. If you or a family member anticipate needing additional assistance responding to an evacuation order or sheltering, be sure to register with your county emergency management agency. More resources are available on the Florida Division of Emergency Management's website at www.FloridaDisaster.org.

Remember that it only takes one storm to change your life and the landscape of your community. I hope you enjoy the week and remember to Get A Plan!

Sincerely,

Bryan W. Koon
Director
Florida Division of Emergency Management

OFFICE • DIVISION HEADQUARTERS • STATE LOGISTICS RESPONSE CENTER
2555 Shumard Oak Boulevard Tallahassee, FL 32309-2100
Tel: 850-413-9889 • Fax: 850-488-1918
www.FloridaDisaster.org
2702 Directors Row Orlando, FL 32809-5631



Dear Family Café Participants and Friends,

It is my honor to welcome you to the 15th Annual Café Conference and Summit on Disabilities. Both I and the associates of WellCare consider it our privilege to be an annual sponsor of this event, and we want to help make this conference a rewarding and enriching experience for you and your families. As a company, our mission is to enhance our member's health outcomes, and we would like to help you access the latest information and resources that address the unique needs and challenges faced by individuals with disabilities.

WellCare has a long history of serving people. Our company has been managing care for members for more than 28 years. Our exclusive focus is on serving people who rely on government sponsored programs such as Medicaid, Medicare and the Florida Healthy Kids program. In Florida, we are known for our Staywell and HealthEase insurance plans, and we currently serve more than 500,000 people across the state. We serve more Floridians who receive Medicaid managed care than any other insurer that participates in the Florida Medicaid program, and we offer Healthy Kids plans in more counties across Florida than any other managed care provider. Because of our exclusive focus and our reach across Florida, we understand the special needs and unique challenges faced by people living in our communities. These people are the reason for our being, and we have made a commitment helping them improve their health and quality of life.

As WellCare's President of Florida, I encourage you to take full advantage of all the information, resources, and networking offered by the Family Café. The WellCare associates and I are passionate about helping you and hearing your stories. Therefore, do not hesitate to reach out to anyone in a WellCare shirt for any assistance, information or to simply say hello. We look forward to serving you and helping connect you to what you need to live healthier, happier lives.

Sincerely,

David McNichols
President, WellCare of Florida
(d.b.a. Staywell and HealthEase)

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The Family Café

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Florida Department of Education

Florida Department of Education/Division of Vocational Rehabilitation

Florida Division of Emergency Management

Florida Department of Health/Big Bend Health Council

Florida Department of Health, Children's Medical Services Network

Publix Super Markets Charities

United Health Care

U.S. Military

Workforce Florida

The Family Café wishes to thank the following organizations for their participation in The Family Café Planning Committee

Central Florida Parent Center

Children's Forum, Inc.

Disability Rights Florida

The Family Café Board of Directors

The Family Café Delegates

Florida Department of Education

Florida Department of Education, Division of Vocational Rehabilitation

Florida Department of Health, CMS Early Steps Program

Florida Department of Health, CMS Network

Florida Disabled Outdoors Association

Florida Youth Council

MPower Consulting

Operation Military Kids

U.S. Military

7-Dippity



The Family Café 2013 EXHIBITORS

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Agency for Persons with Disabilities

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Armed Services (Navy, Air Force, Army)

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Canine Companions for Independence

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Central Florida Parent Center

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www.cflparents.org/

Children's Forum/Florida Central Directory

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www.centraldirectory.org

Children's Medical Services

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www.cms-kids.com

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Custom Mobility

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Delmarva Foundation

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www.dfmc-florida.org

Department of Education—Division of Vocational Rehabilitation

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Department of Veterans Affairs

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Disability Rights Florida

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Florida Commission for the Transportation Disadvantaged

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Florida Disabled Outdoors Association
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info@fdoa.org
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www.fdoa.org

Florida Fish and Wildlife Conservation Commission - Archery
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(352) 625-2804
www.myfwc.com/hunting

Florida Fish and Wildlife Conservation Commission - Fishing
620 South Meridian Street
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www.ftri.org

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Nathaniel's Hope
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Operation Military Kids & 4H Youth Programs
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Micro-Enterprises

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The Arc Village

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The Family Café

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Tourette Syndrome Association of Florida, Inc.

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UCANSKI2

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WaiverProvider.com & SupportCoordinators.com

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www.supportcoordinators.com

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Community Legal Services of Mid-Florida

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DBoy Art

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Even Hands Can See

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Florida Self Advocates Network'd (FL SAND)

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James Williams, Author and Presenter with Autism

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Winter Springs, FL 32708
Max4metals@aol.com
(407) 497-2036
www.kangendemo.com

Know Barriers

310 Waymont Court
Suite 104
Lake Mary, FL 32746
maria@knowbarriers.com
(407) 701-3108
www.knowbarriers.com

Leila's Seasonal Wreaths

1590 East Hooker Street
Bartow, FL 33830
jojohunt7@hotmail.com
(863) 221-8429



MD Plus

2259 Harn Boulevard
Clearwater, FL 33764
cindylcmd@gmail.com
(727) 420-3628
www.247doctoroncall.com

Miss Katie's Kreations

9611 Enclave Place
Port St. Lucie, FL 34986
rhender329@comcast.net
(772) 466-9622
www.misskatiekreations.com

My Angel With Paws, Inc.

3098 Marsh Road
Deland, FL 32724
amwreading@aol.com
(407) 718-9479
myangelwithpaws.org

N.T. Hope, LLC

1121 Crandon Boulevard, F 205
Key Biscayne, FL 33149
paula@nothingtrumpshope.com
(305) 361-3815
www.nothingtrumpshope.com

N.V. Brown Enterprise

2762 South West 85th Avenue
Miramar, FL 33025
nicvbrown@att.net
(305) 766-0453
www.nicvbrown@organogold.com

Racecar Waterboy, LLC

1917 Cunningham Drive
Statesville, NC 28625
(704) 883-2748
www.racecarwaterboy.homestead.com

Reenie's Bread Biz

2988 Green Acres Avenue Apt. B
Largo, FL 33771
adrienneburleigh@gmail.com
(727) 641-7947
www.facebook.com/reeniesbreadbiz

Sign 2 Shine, LLC

6029 Winding Ridge Lane
Port Orange, FL 32128
lisa@sign2shine.com
(386) 304-2701
www.sign2shine.com

Space World PC

923 North East 6th Street
Ocala, FL 34470
sales@spaceworldpc.com
(352) 615-6003
www.spaceworldpc.com

Special Kids Academy

8537 Rose Terrace North
Largo, FL 33777
specialkidsacademy@live.com
(727) 394-2636
www.specialkidsacademy.org

Special Touch Ministry

255 Bellbrook Street South East
Palm Bay, FL 32909
trementozzi@specialtouch.org
(321) 543-8729

Team Streater Seminars and Services

P.O. Box 14625
Tallahassee, FL 32317
bobandmal@yahoo.com
(850) 765-5020

Thoms Moon

Author/Motivational Speaker
100 NW 23 Avenue, Apt. 201
Ocala, FL 34475
tj@moonscapes.org
(352) 502-5994
www.thesqueakywheelchair.com

Three Sisters

P.O. Box 4324
Haines City, FL 33845
alaskanthesouth@yahoo.com
(229) 740-3428

Employment Expo

Center for Independent Living

720 North Denning Drive
Winter Park, FL 32789
jlawrence@cilorlando.org
(407) 623-1070 ext. 129
www.cilorlando.org

Convergys

225 International Parkway
Lake Mary, FL 32746
yolonda.cottingham@convergys.com
(407) 771-6532
www.careers.convergys.com

Employment Network of Central Florida

ENCF, P.O. Box 3681
Orlando, FL 32802
maryjane_wysocki@apd.state.fl.us
(407) 245-0440 Ext 653

Florida Department of Economic Opportunity

107 East Madison Street
Tallahassee, FL 32399
Shila.salem@deo.myflorida.com
(850) 245-7130

Lockheed Martin

5600 Sand Lake Road MP 305
Orlando, FL 32819
keri.a.kelsey@lmco.com
(407) 516-7937

NuVitality Nutrition

164 Sausalito Boulevard
Casselberry, FL 32707
melindapabstpabstwlc@gmail.com
(321) 460-3735

OrlandoJobs.com

43 East Pine Street
Orlando, FL 32801
heather@orlandojobs.com
(407) 965-1975
www.orlandojobs.com

Pershing, LLC

300 Colonial Center Parkway
Lake Mary, FL 32746
jennifer.excaliber@pershing.com
(321) 249-4100

Universal Orlando Resort

1000 Universal Studios Plaza
Orlando, FL 32819
justin.risch@universalorlando.com
(407) 224-5055
www.universalorlandojobs.com

Waldorf Astoria

14100 Bonnet Creek Resort Lane
Orlando, FL 32821
shawna.beleckis@hilton.com
(407) 597-3855
www.hiltonworldwide.com/careers

Walgreens Distribution Center

2455 Premier Row
Orlando, FL 32809
robert.harris@walgreens.com
(407) 856-8688

Walgreens Pharmacy and Customer Service

8337 South Park Circle
Orlando, FL 34787
jeanine.louis@walgreens.com
(407) 345-7018
www.walgreens.com



The Family Café

CONFERENCE AT A GLANCE

Sessions presented in Spanish, or with Spanish-speaking presenters, are printed in **RED**.

Sesiones que se presentan en español, o con el español que hablan los presentadores, están impresos en color **ROJO**.

Sign language interpreters available at Turkey Lake room across from Convention Registration, courtesy of the Center for Independent Living.

Complimentary wheelchairs available at the Registration desk, courtesy of Colonial Medical.

Some of the sessions at this year's event have been organized into "tracks" based on subject. This key will help you to identify the "tracked" sessions.

Advocacy



Youth



Employment



Disaster Preparedness



Military



Recreation



Mental Health



Smart Money



Birth Through Age Five



Friday, June 7, 2013

10:00 a.m. to 11:30 a.m.

10:00 a.m. to 6:00 p.m.

10:00 a.m. to 5:00 p.m.

11:30 a.m. to 1:00 p.m.

1:00 p.m. to 6:00 p.m.

1:30 p.m. to 4:00 p.m.

1:30 p.m. to 5:30 p.m.

Registration Open, Convention Registration

Exhibit Hall Open, Orange Ballroom

Complimentary Wheelchairs Available, Convention Registration

Opening Session & Keynote Address, Orlando Ballroom

Registration Open, Convention Registration

Early Steps, Early Wishes Playgroup, Orlando VI (English and Spanish)

Dental Screening, Exhibit Hall

1:30 p.m. to 2:30 p.m.

CONCURRENT SESSIONS

Medicare 101

Lake Concord A

Using Visual Strategies in the Natural Environment

Lake Concord B

Just for Dads

Lake Down A

 **Let's Get Ready! Planning Together for Emergencies: Sesame Street Disaster Preparedness**

Lake Down B

Understanding the IEP

Lake Florence A

Inpatient Pediatric Rehabilitation: We Put the Fun in Functional Gains!

Lake Florence B

Managed Care: Doing it Right, Applying the Independent Living Philosophy

Lake George B

The Silent Epidemic: Abuse, Neglect, and Exploitation of Persons with Developmental Disabilities

Lake Hart B

Get Some LIFE Experience

Lake Highland A

Assisting Your Digital Native in the Blended Learning Environment

Lake Highland B



Becoming an Effective Self-Advocate

Lake Louise B

Sibshop Part I

Lake Lucerne

Fibromyalgia Neuro-Inflammatory Findings Point to New Treatments

Lake Mizell A

Smart Money 2013

Lake Mizell B



Practical Tips for Living on Your Own

Lake Monroe A



Sound Health and Circles of Joy

Lake Monroe B



Come Meet Your School Liaison Officers

Lake Nona A

Wisdom from Below: Restoring Alignment and Balance Through the Feet

Lake Nona B

Society, Communities, and Better Understanding of People with Developmental and Neurological Disabilities

Lake Sheen A



Trauma and Disabilities

Lake Sheen B

Exceptional Supportive Parenting Ideas for Your Child's School District

Lake Virginia A

On Your Mark-Get Healthy

Lake Virginia B



The Road to Self Sufficiency: Ticket to Work and the Impact of Employment on Cash Benefits, Medicare, and Medicaid (Part I)

Orlando IV



Early Steps, Early Wishes Playgroup

Orlando VI

2:30 p.m. to 3:00 p.m.

Pyramid Players, Foyer

3:00 p.m. to 4:00 p.m.

CONCURRENT SESSIONS

Dadvocates

Lake Concord A

Changing Faces of Benefits

Lake Concord B



Tactile/Hands-on Disaster Preparedness Evacuation Planning and Kit

Building for Persons with Disabilities, on a Low Budget, Through Recycling and Free Items

Lake Down B

Finding the Fullness of Joy in Your Life

Lake Eola B

Presents for Parents: Strategies for Success

Lake Florence A





Guardianship, Guardian Advocacy, and Alternatives: Youth with Developmental Disabilities Transitioning to Adulthood

Lake Florence B

McKay Scholarship Program for Students with Disabilities

Lake George B



How Sensory Issues Affect Feeding and Communication

Lake Hart A

Why Do You Think She Said That?

Lake Hart B

FloridaHATS: Preparing Teens for Transition to Adult-Oriented Health Care

Lake Highland A

Join the Revolution: Start a 4-H Club

Lake Highland B



Disability Rights Florida... How Can We Help You? (Español)

Lake Louise B

Sibshop Part II

Lake Lucerne

New Autism Treatments Target Pro-Inflammatory "Innate Pathogens"

Lake Mizell A



Life Planning for Special Needs

Lake Mizell B



Advocates Unite!!

Lake Monroe A



My Life, My Journey

Lake Monroe B



Interstate Compact on Educational Opportunity for Military Children

Lake Nona A

Florida's Transportation Disadvantaged Program – A Coordinated Effort

Lake Nona B

Restraint and Seclusion: What's New in the Law and How Can I Protect My Child?

Lake Sheen A



The Intersection of Physical and Mental Health

Lake Sheen B

GED: Get 'Em Done

Lake Virginia A



Rish Park: Accessible Outdoor Fun

Lake Virginia B



The Road to Self Sufficiency: Ticket to Work and the Impact of Employment on Cash Benefits, Medicare, and Medicaid (Part II)

Orlando IV



Early Steps, Early Wishes Playgroup

Orlando VI

4:30 p.m. to 5:30 p.m.

CONCURRENT SESSIONS

The Easy Button

Lake Concord A



My Life as a High School Peer Mentor with Autism

Lake Concord B

Somehow I Still Have a Full Head of Hair

Lake Down A



Plan for Safety: Emergency Preparedness and You

Lake Down B

Shaping Behavior with Apps for iPad

Lake Florence A



A Life of an Underestimated Individual: Ways to Have Yourself Heard

Lake Florence B

Writing for the Struggling Learner: How Can I Help My Child Overcome Writing Challenges?

Lake George A

20/20 Hindsight – Clearing the Air on Vision

Lake George B



Logging Your Journey: Getting Organized and Communicating Effectively to Maximize Your Child's Potential

Lake Hart A

Tools for Teaching Orientation and Mobility Skills to Students Who are Blind or Visually Impaired

Lake Hart B

The Florida Consortium on Postsecondary Education and Intellectual Disabilities: Statewide Postsecondary Options for Students with Intellectual Disabilities

Lake Highland A

The Emerging Transformational Leadership Program (ETLP), an Innovative New Leadership Curriculum for Professionals, Parents, and Self-Advocates

Lake Highland B

Florida Medicaid Eligibility and Medicaid Waivers

Lake Louise A



Legislative Advocacy 2013

Lake Louise B

Delegate Roundtable: Cerebral Palsy

Lake Lucerne

Special Needs Ministry

Lake Mizell A



Are Your Ducks in a Row? Protection First, For You and Your Family

Lake Mizell B



College: It's Not So Scary

Lake Monroe A



How to Start and Run a Successful Self-Advocacy Organization

Lake Monroe B



Communication Tips to Support Children with Special Needs

Lake Nona A



Finding Money for the Fun Stuff!

Lake Nona B

When the Team Can't Come to Consensus, What's Next?

Lake Sheen A



Delegate Roundtable: Mental Health

Lake Sheen B

Online Safety: Practical Practices for Parents

Lake Virginia A



Early Steps Sweets

Lake Virginia B



How to Ruin an Interview

Orlando IV



Making It Work – It Takes Two

Orlando VI



Baywatchers Show How We Are All Born2Swim with Tropical Miami Civitan

Special Olympics

Quiet Pool

5:00 p.m. to 9:00 p.m.







Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf, Hospitality Suite

6:00 p.m. to 8:00 p.m.

The 15th Annual Governor's Summit on Disabilities, Hosted by Governor Rick Scott
Orlando Ballroom



Saturday, June 8, 2013

- 8:00 a.m. to 9:00 a.m. **Registration Open**, Convention Registration
8:30 a.m. to 5:30 p.m. **Exhibit Hall Open**, Orange Ballroom
9:00 a.m. to 10:30 a.m. **Keynote Address**, Orlando Ballroom
10:30 a.m. to 3:00 p.m. **Registration Open**, Convention Registration
9:00 a.m. to 5:00 p.m. **Complimentary Wheelchairs Available**, Convention Registration
9:00 a.m. to 5:00 p.m. **Dental Screening**, Exhibit Hall
9:00 a.m. to 6:00 p.m. **Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf**, Hospitality Suite
- 10:30 a.m. to 11:00 a.m. **Bailes Kidz Performance Troupe**, Foyer
10:30 a.m. to 11:00 a.m. **Pyramid Players**, Foyer
- 11:00 a.m. to 12:00 p.m. **CONCURRENT SESSIONS**
- Orthopedic Treatment of the Child with Cerebral Palsy**
Lake Concord A
- Medication Compliance and Adherence**
Lake Concord B
- Welcome to ICORE**
Lake Down A
-  **Preparedness Planning with Your Family and Children – Making Your Family Plan**
Lake Down B
- Celebration of Life: Experiencing the Healing Power of Love**
Lake Eola B
- Transition Individual Education Planning: Yes, There is Life After High School, and What to Expect**
Lake Florence A
-  **Living Your Life the Way You Want**
Lake Florence B
- Aging in Place—Accessibility and Mobility Features for the Home**
Lake George A
- Project 10: Transition Education Network**
Lake George B
-  **Getting a Jumpstart on Accessing Resources and Understanding Systems**
Lake Hart A
- Life Lessons: Seven Keys to Unlock Your Child's Potential**
Lake Hart B
- Man Laws for Moms**
Lake Highland A
- Memories Equals Memoir**
Lake Highland B
- Fair Housing for Persons with Disabilities and Their Families**
Lake Louise B
- Delegate Roundtable: Autism**
Lake Lucerne
- Making Sense of Sensory Integration-2013**
Lake Mizell A
-  **Benefits and Tax Savings for Families with Special Needs**
Lake Mizell B
-  **Living in the Real World**
Lake Monroe A
- Sibling Advocacy: The New Advocacy Movement**
Lake Monroe B
-  **Meet Your Exceptional Family Member Program Personnel**
Lake Nona A
- Ancient Walking to Primal Rhythms Vision Therapy (Peripheral Vision Training)**
Lake Nona B



Faith and Disability: Encouraging Your Place of Worship in Welcoming and Including All into God's House

Lake Sheen A



Your Story as Advocacy in Mental Health

Lake Sheen B



One Day at a Time: Surviving Bullying

Lake Virginia A



Adaptive / Inclusive Sports: What's In It for You?

Lake Virginia B



The Road to Work: My Job in the NASCAR Fast Lane

Orlando IV

12:30 p.m. to 1:00 p.m. **The Special Gathering Choir**, Foyer

1:00 p.m. to 5:00 p.m. **Arts & Crafts**, Orlando V

1:00 p.m. to 2:00 p.m. **CONCURRENT SESSIONS**

Surgical Management for Spasticity: How the Team Approach Affects Decisions Made and Post-Operative Plans—Part I

Lake Concord A

Living the Vida Loca (Living the Crazy Life)

Lake Concord B

Sugar Blues

Lake Down A



Tactile/Hands-on Disaster Preparedness Evacuation Planning and Kit Building for Persons with Disabilities, on a Low Budget, Through Recycling and Free Items

Lake Down B

Surviving the Storm(s) in Your Marriage & Relationship

Lake Eola A

Meet Dr. Verra-Tirado, Chief, Bureau of Exceptional Education and Student Services, Florida Department of Education

Lake Eola B

Keeping the Behaviorally Challenged Student in School Learning

Lake Florence A



Using the Internet and Social Media for Advocacy

Lake Florence B

Livy's Hope: How a Family Was Changed Forever

Lake George A

Fibromyalgia Syndrome (FMS): How it's Diagnosed and What Current Treatments are Available

Lake George B



Low Tech and High Tech Tools for Infants and Toddlers

Lake Hart A

iBudget Florida – the Waiver of the Future

Lake Hart B

Parent Survival Skills

Lake Highland A

Join the Revolution: Start a 4-H Club

Lake Highland B

How Infants/Toddlers with Fetal Alcohol Spectrum Disorders "Sense the World"

Lake Louise A














Advocacy 101—A Basic Overview of Appealing Medicaid Service Reductions or Denials: Part I

Lake Louise B

The Disability and Health Program






Lake Lucerne



-  **What Do You Think? A Special Invitation for Teens and Families to Help Shape Florida's Strategic Plan for Successful Transitions to Adult Health Care**
Lake Mizell A
-  **Provide for Your Child and Plan for Your Retirement? Not Impossible!**
Lake Mizell B
-  **It's All About Social Interaction (Youth Only)**
Lake Monroe A
-  **All About Epilepsy**
Lake Monroe B
-  **Kids Connect!**
Lake Nona A
-  **Baywatchers Swimming and Special Olympics**
Lake Nona B
-  **Passing the Baton: From Parent Advocates to Self-Advocates**
Lake Sheen A
-  **Peer Support and Leadership in Mental Health**
Lake Sheen B
-  **What to Expect When Working with a Behavior Analyst**
Lake Virginia A
-  **What's New in Recreation Assistive Technology?**
Lake Virginia B
-  **Understanding School to Work – Vocational Rehabilitation**
Orlando IV

2:00 p.m. to 2:30 p.m. **The Special Gathering Choir, Foyer**

2:00 p.m. to 4:00 p.m. **Children's Storyteller, Orlando V**

- 2:30 p.m. to 3:30 p.m. **CONCURRENT SESSIONS**
- Surgical Management for Spasticity: How the Team Approach Affects Decisions Made and Post-Operative Plans—Part II**
Lake Concord A
 - Sign Language Myth-Busting**
Lake Concord B
 -  **Let's Get Ready! Planning Together for Emergencies: Sesame Street Disaster Preparedness**
Lake Down B
 - Meet APD Director Palmer**
Lake Eola A
 - Assistive Technology**
Lake Florence A
 - Parents and School Districts Problem Solving Together**
Lake Florence B
 - National Core Indicator Surveys for Florida**
Lake George A
 - Marino Campus – A Great Place to Learn, A Better Place to Belong**
Lake George B
 -  **Facing Your Fears and Dreaming New Dreams**
Lake Hart A
 -  **Money Smart**
Lake Hart B
 - Letting Go: Time to Land the Helicopter**
Lake Highland A
 -  **Say Cheese! 4-H Photography**
Lake Highland B
 - Dads at the Table**
Lake Louise A
 -  **Advocacy 101—A Basic Overview of Appealing Medicaid Service Reductions or Denials: Part II**
Lake Louise B

Advocating for Students with Invisible Disabilities

Lake Lucerne

Couponing 101

Lake Mizell B

Moving Beyond Being Bullied

Lake Monroe A

A Successful Journey from the NICU to Kindergarten

Lake Monroe B

Forward Motion: Providing Healing and Hope to Veterans and their Families

Lake Nona A

The Journey for John: One Family's Ongoing Upward Trek

Lake Nona B

Sexual Health for Individuals with Intellectual Disabilities and Autism: Why is it So Important & What Can You Do About It?

Lake Sheen A

NAMI Family-to-Family Education Program

Lake Sheen B

Free Universal Design for Learning (UDL) Resources for Students with Reading Difficulties

Lake Virginia A

Exercise Made Easy: Tips for a Fit Lifestyle for Everyone

Lake Virginia B

Karla's Kookies, a Work in Progress Training and Info Session

Orlando IV

Baywatchers Show How We Are All Born2Swim.net with Tropical Miami Civitan Special Olympics

Quiet Pool



3:30 p.m. to 4:00 p.m. **Pyramid Players, Foyer**

4:00 p.m. to 5:00 p.m. **CONCURRENT SESSIONS**



Early Adaptive Mobility: Who Needs It and Why It's So Important

Lake Concord A

Physically Challenged: Why Are We Different? Come and Chat With Us

Lake Down A



Let's Just Do It!

Lake Down B

Family Cafe Women's Enrichment Session

Lake Eola B



Becoming a (Better) Self-Advocate: Helping Kids and Young Adults Learn to Make THEIR Voices Heard

Lake Florence A

Hospital Wise: How to Survive the Hospital

Lake George A

Expanding Opportunities for the Inclusion of Young Children with Disabilities

Lake George B



Facing Your Fears and Dreaming New Dreams – Spanish

Lake Hart A



Sailing Through Transition

Lake Hart B

The Arc Village – A Unique Residential Community

Lake Highland B

IEP Rights – Instructional Manual for Dads

Lake Louise A

Delegate Roundtable: Down Syndrome

Lake Lucerne





What is Consumer-Directed Care Plus (CDC+)?

Lake Mizell A

Cradle to Grave – Special Needs

Lake Mizell B



Being Healthy with a Disability

Lake Monroe A

How a Service Dog Changed the Life of a Very Special Boy

Lake Monroe B



Resources for Military Families

Lake Nona A



Sports Participation and Autism: Getting Your Child Off the Bench

Lake Nona B



Life After High School: Everyone Can Work

Lake Sheen A

Help Your Child Succeed! Practical Tips to Organize, Self-Regulate, and Achieve

Lake Virginia A



Special Olympics and You!

Lake Virginia B



Karla's Kookies, a Work in Progress, Party Time!

Orlando IV

5:00 p.m. to 7:00 p.m.

Dads' Chat, OSDB Hospitality Suite 812

5:00 p.m. to 7:00 p.m.

Moms' Chat, OSBD Hospitality Suite 875

7:00 p.m. to 9:00 p.m.

Family Entertainment featuring The Big Big DJ Show, Orlando Ballroom

Sunday, June 9, 2013

8:00 a.m. to 1:00 p.m.

Exhibit Hall Open, Orange Ballroom

9:30 a.m. to 10:30 a.m.

Rubber Duck Race, Lazy River

10:30 a.m. to 12:30 p.m.

Keynote Address, Orlando Ballroom

12:30 p.m. to 1:00 p.m.

Closing and Door Prizes, Orlando Ballroom



Friday, June 7, 2013

11:00 a.m. to 1:00 p.m., Orlando Ballroom



Revolutionizing Health Care with Plant-Based Nutrition

Dr. Pam Popper is a naturopath, nutritionist and the Executive Director of The Wellness Forum, a chain of licensed health and wellness centers. The Wellness Forum teaches individuals how to change their health outcomes by assisting them in changing their diet and lifestyle habits. In addition to working with individuals, the company offers programs designed to lower the costs of medical care and insurance premiums for employers.

She is also the author of several books and cookbooks, as well as several programs offered for continuing education credits for medical professionals. She is the Founder of The Wellness Forum Foundation, which offers programming in schools designed to improve children's health and well-being through better nutrition.

Dr. Pam Popper's address will include information about how diet can address common degenerative conditions, assist in recovery from many mental and emotional disorders, and promote better function for people with physical disabilities. Additionally, she will address the logistics of adopting a health-promoting diet, including cost, time for preparation, and the introduction of unfamiliar foods to various populations. She will also discuss the economic advantage of using diet as an intervention tool.

10:00 a.m. to 11:30 a.m.

10:00 a.m. to 6:00 p.m.

10:00 a.m. to 5:00 p.m.

1:00 p.m. to 6:00 p.m.

1:30 p.m. to 5:30 p.m.

1:30 p.m. to 2:30 p.m.

2:30 p.m. to 3:00 p.m.

3:00 p.m. to 4:00 p.m.

4:30 p.m. to 5:30 p.m.

5:00 p.m. to 9:00 p.m.

6:00 p.m. to 8:00 p.m.

Registration Open, Convention Registration

Exhibit Hall Open, Orange Ballroom

Complimentary Wheelchairs Available, Convention Registration

Registration Open, Convention Registration

Dental Screening, Exhibit Hall

CONCURRENT SESSIONS

Pyramid Players, Foyer

CONCURRENT SESSIONS

CONCURRENT SESSIONS

Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf, Hospitality Suite 812

The 15th Annual Governor's Summit on Disabilities, Hosted by Governor Rick Scott
Orlando Ballroom



1:30 p.m. to 2:30 p.m. CONCURRENT SESSIONS

Medicare 101

Friday, June 7
 1:30-2:30
 Lake Concord A

This presentation gives an overview of Medicare coverage, including parts A, B, C, and D, as well as Medigap supplement insurance. The target audience for this presentation is the general public. Topics that will be covered include:

- The Florida SHINE Program
- An Introduction to Medicare
- Original Medicare (Parts A and B)
- Medicare Supplement Insurance
- Medicare Advantage Plans (Part C)
- Medicare Prescription Drug Coverage (Part D)
- Financial Assistance Programs
- Medicare Contact Information

Sandra Johnson
 Serving Health Insurance Needs of Elders (SHINE)
 988 Woodcock Road, Suite 220
 Orlando, FL 32803
 (407) 514-1823
 diana.chin@sraflorida.org

Using Visual Strategies in the Natural Environment

Friday, June 7
 1:30-2:30
 Lake Concord B

Visual supports are everywhere. They tell us when to stop, which direction to go, and what lies ahead. Just as adults need visual supports to drive from point A to point B, young children need visual supports to follow directions, communicate, and know what is expected of them. Visual supports such as schedules, first/then, and choice boards not only promote independence, they support positive behaviors.

This session will show parents and caregivers how to use things like clip art, Google images, magazines, and photos to create visual supports for their young child to use in their natural environment.

Andrea McCarter
 FDLRS Action
 3130 Edgewater Drive
 Orlando, FL 32804
 (407) 797-3567
 andrea.mccarter@ocps.net

Just for Dads

Friday, June 7
 1:30-2:30
 Lake Down A

This session will be dads talking to dads about our issues. This gives you the chance to tell your story.

Tim Turner
 Mpower Consulting
 1406 Delano Trent Street
 Ruskin, FL 33570
 mpowerconsulting@aol.com





Let's Get Ready! Planning Together for Emergencies: Sesame Street Disaster Preparedness

Friday, June 7

1:30-2:30

Lake Down B

This session will help motivate children of all ages to understand why it is important to help mom and dad to know their name, phone number, and where they live so that they can summon help or help their parents during a disaster, and what they need to put in their disaster-to-go kit.

Linda Carter
No Person Left Behind/
Lehigh Acres Fire Control and Rescue CERT
704 Homer Ave North
Lehigh Acres, FL 33971
(239) 368-6846
linda.carter@lehighacrescert.com

Mary Carter
No Person Left Behind
704 Homer Ave. North
Lehigh Acres, FL 33971-1142
(239) 368-6846
marycarter@comcast.net

Understanding the IEP

Friday, June 7

1:30-2:30

Lake Florence A

This workshop will guide parents through the confusing maze of an IEP. Parents will get a list of defined acronyms to get a better understanding of the mumble jumble educators are using to label their child. A typical IEP will be presented and sections will be explained so that parents will know where to look for levels, benchmarks, and goals. Finally, a worksheet will be given to parents to assist them in becoming active team members during the IEP meeting.

Rebecca Cox
FDLRS Heartland
1076 US Highway 27 North
Lake Placid, FL 33852
(863) 531-0444 ext 232
rebecca.cox@heartlanded.org

Helen Burton
FDLRS Heartland
1076 US Highway 27 North
Lake Placid, FL 33852
(863) 531-0444 ext 232
helen.burton@heartlanded.org

Inpatient Pediatric Rehabilitation: We Put the Fun in Functional Gains!

Friday, June 7

1:30-2:30

Lake Florence B

This presentation on Pediatric Rehabilitation will focus on the purpose of an inpatient stay versus outpatient therapy programs, the benefits of intensive child and parent training and participation, and the factors that determine the optimal timing of a Pediatric Rehabilitation stay. An overall review of intensive inpatient therapeutic modalities will be discussed, and intensive spasticity management techniques will be reviewed. Objective scoring systems (such as WeeFIM scoring) will be described. The Intensive Interdisciplinary Team approach and Family Centered Care philosophy will be woven throughout the presentation.

Bonnie A. Rice
Tampa General Pediatric Rehabilitation
3304 West Paul Avenue
Tampa, FL 33611
(813) 210-4615
brice@tgh.org



Managed Care: Doing it Right, Applying the Independent Living Philosophy

Friday, June 7
 1:30-2:30
 Lake George B

In today's changing healthcare landscape, this is a unique opportunity to hear from people with disabilities on the importance of engagement in managed care benefit design.

Introducing a wonderful new resource, developed and released in 2012 by The National Advisory Board on Improving Health Care Services for Seniors and People with Disabilities. This toolkit identifies and promotes services and supports models that foster independent living, choice, and quality of life for people who are aging or have disabilities.

We will cover information regarding self-advocating and navigating a complex system to ensure resources necessary to live independently in the community.

Merrill Friedman
 Amerigroup Corporation
 4425 Corporation Lane
 Virginia Beach, VA 23462
 (757) 518-3664
 merrill.friedman@amerigroup.com

Mark Perriello
 AAPD
 1629 K. Street NW, Suite 503
 Washington, DC 20006
 (202) 521-4301
 mperriello@aapd.com

Berthy De La Rosa-Aponte
 10800 London Street
 Hollywood, FL 33026
 (954) 608-8844
 berthya@bellsouth.net

Ari Ne'eman
 1667 K Street, Suite 640
 Washington, DC 20036
 (202) 596-1056
 aneeman@autisticadvocacy.org

The Silent Epidemic: Abuse, Neglect, and Exploitation of Persons with Developmental Disabilities

Friday, June 7
 1:30-2:30
 Lake Hart B

Statistics reveal that the vast majority of individuals with developmental disabilities will be the victims of abuse, neglect, and/or exploitation at some point during their lives. This presentation will explore the factors behind the alarming prevalence of such crimes committed against this population, identify common characteristics of perpetrators, provide tips for detecting and reporting the signs and symptoms of potential maltreatment, and offer concrete safety and prevention strategies that parents, caregivers, and self-advocates can implement immediately. An overview of the Agency's Zero Tolerance Initiative to End Abuse, Neglect, and Exploitation against Floridians with Developmental Disabilities will also be provided.

Tom Rice
 Agency for Persons with Disabilities
 4030 Esplanade Way
 Tallahassee, FL 32399
 (850) 414-7649
 tom_rice@apd.state.fl.us

Get Some LIFE Experience

Friday, June 7
 1:30-2:30
 Lake Highland A

Through a partnership of The Arc Jacksonville (Arc) and UNF, the On Campus Transition program was created to provide young adults with intellectual disabilities the unique opportunity of having a transformational college experience as an integral part of their transition to independence. In addition,



the program has created the Living Independently Finding Enrichment (LIFE) summer program for individuals 18-26 years of age to obtain a “sneak preview” and crash course in living independently. This presentation will delve deeper into these programs and how they can offer a unique experience to individuals.

Adriana Lopez
 On Campus Transition
 1 UNF Drive, Building 57/Room 2800
 Jacksonville, FL 32224
 (904) 620-3890
 alopez@arcjacksonville.org

Assisting Your Digital Native in the Blended Learning Environment

Friday, June 7
 1:30-2:30
 Lake Highland B

Sponsored by



There is no doubt that we are living in a digital-oriented society. We use a multitude of digital items each day. From texting to paying bills online, our accessibility is endless, but technology is not always easy to use. Our children, on the other hand, were born during this digital revolution and thrive in the digital world as only natives would. This presentation will give parents an overview of navigating the online learning community for students with disabilities.

Leanne Grillot
 FDOE Bureau of Exceptional Education and Student Services
 325 West Gaines Street, Suite 614
 Tallahassee, FL 32399
 (850) 245-0932
 leanne.grillot@fldoe.org



Becoming an Effective Self-Advocate

Friday, June 7
 1:30-2:30
 Lake Louise B

Discover what resources Disability Rights Florida can provide to empower you to become an effective self-advocate and take a proactive role in your own life. Learn problem-solving techniques, strategies for self-advocacy, and insight on new legislation that may affect persons with disabilities. We are here to help you!

Paula Roberts
 Disability Rights Florida
 2728 Centerview Drive, Suite 102
 Tallahassee, FL 32301
 (800) 342-0823
 paular@disabilityrightsflorida.org

Sibshop Part I

Friday, June 7
 1:30-2:30
 Lake Lucerne

Brothers and sisters will have the longest lasting relationship with a sibling who has a disability or special health care need. During their lives, they will experience most of the unique concerns and joys their parents do. But few siblings of kids with special needs ever have a chance to talk about their issues with others who “get it.” This workshop will offer the siblings a chance to meet other kids whose brothers and sisters have special needs too. They’ll talk about the good and the not-so-good parts of having a sibling



with a disability. Most importantly, they'll have fun! Sibshop participants will play lively games and make new friends. This session will be limited to brothers and sisters 8 to 13 years old who have a sibling with a disability or special health care need.

Pam Lake
 FDLRS Gateway
 4256 SW County Road 152
 Jasper, FL 32052
 (386) 792-2877 ext 13
 pam.lake@fdlrsgateway.com

Becki Longshore
 Columbia County Schools
 444 West Duval Street
 Lake City, FL 32055
 (386) 755-8050 ext 118
 longshoreb@firn.edu

Fibromyalgia Neuro-Inflammatory Findings Point to New Treatments

Friday, June 7
 1:30-2:30
 Lake Mizell A

Fibromyalgia Syndrome (FMS) is a chronic, idiopathic condition affecting almost 1/100 women. It is characterized by widespread musculoskeletal pain, mood and sleep disturbances, fatigue, and cognitive dysfunction. FMS often occurs together with chronic fatigue syndrome (CFS), irritable bowel syndrome (IBS), and interstitial cystitis/bladder pain syndrome (IC/BPS) in which mast cells have been implicated. New findings indicate that FMS involves neuro-inflammation triggered or worsened with stress. Neuropeptides released from sensory nerve endings under stress activate mast cells to secrete inflammatory molecules that contribute to FMS. Combination of natural flavonoids together with mitochondrial support can have significant benefit in FMS.

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 136 Harrison Avenue
 Boston, MA 02111
 (617) 636-6866
 theoharis.theoharides@tufts.edu



Smart Money 2013

Friday, June 7
 1:30-2:30
 Lake Mizell B

Smart Money is a presentation that everyone can benefit from. Attendees will learn how to build, customize, and maintain a personal budget that works for their situation. This session will be helpful for novice or experienced personal budgeters. Attendees will also learn how to adjust their budget to accommodate unforeseen life events, and receive advice on saving for specific purchases. This presentation will be given by individuals who deal with personal and business budgeting issues on a daily basis.

Cherie Hall
 Disability Rights Florida
 2728 Centerview Drive, Suite 102
 Tallahassee, FL 32301
 (800) 342-0823
 cherieh@disabilityrightsflorida.org

Keith Flynn
 Disability Rights Florida
 2728 Centerview Drive, Suite 102
 Tallahassee, FL 32301
 (800) 342-0823
 keithf@disabilityrightsflorida.org





Practical Tips for Living on Your Own

Friday, June 7
1:30-2:30
Lake Monroe A

Starting out on your own can be fun and stressful at the same time. Learn practical tips that can help you get into a good routine of taking care of things at home, shopping, cleaning, cooking, banking, being organized, managing work and school, feeling safe, practicing good habits, choosing friends, etc. This workshop will be fun and have good information to make living independently easier.

Robert E. Streater IV
Know Better... Do Better!
P.O. Box 14625
Tallahassee, FL 32317
(850) 553-4334
familyencouragement@yahoo.com

Sound Health and Circles of Joy

Friday, June 7
1:30-2:30
Lake Monroe B

This presentation will delight, entertain, and inform you about the use of color, music/rhythms, and brain gym for wellness and whole brain learning. You will learn about how color and matching frequencies of sound can stimulate and improve energy, help balance brain hemispheres, release stress, and improve detoxification of harmful toxins. It is known that a person's level of toxicity interferes with focus, learning, and concentration. Circles of joy are experienced with the use of simple hand drums, rhythms that are hard-wired into our heartbeat, breathing, and brain waves.

Cheryl Cohen-Kerr
Cheryl's Magic Flute
817 Kenilworth Terrace
Orlando, FL 32803
(407) 897-7170
cheryl@cherylsmagicflute.com



Come Meet Your School Liaison Officers

Friday, June 7
1:30-2:30
Lake Nona A

Come and meet your SLOs! School Liaison Officers (SLOs) from multiple service branches and military bases in Florida talk about the various roles of the SLO and answer your questions related to education and challenges with your local school system. Come find out how they can assist you and your family!

Scott Sevin
7-Dippity, Inc.
1313 Ponce de Leon Blvd., Suite 301
Coral Gables, FL 33134
(305) 535-0914
scott@7-dippity.com



Wisdom from Below: Restoring Alignment and Balance Through the Feet

Friday, June 7
 1:30-2:30
 Lake Nona B

A brief discussion is followed by demonstrations and plenty of experiential contact with simple tools designed to awaken the antennae of the body: the feet. This greatly assists with balance and movement, and improves circulation and peripheral nerve response. There are two segments to this program: first is experiencing biological presence. The second part is to learn how to use this awareness to influence self-directed, conscious healing. In total, participants experience conscious design and subtle energy elements in a movement process called Ancient Walking to Primal Rhythms. Participants also learn movement protocols clinically shown to improve balance, breathing, and circulation. These design components emulate ancient stone reflexology pathways found throughout Asia.

Randy Eady, M.Ed
 Hollywood Healing Center
 1601 Harrison Street
 Hollywood, FL 33020
 footwhispering@gmail.com

Society, Communities, and Better Understanding of People with Developmental and Neurological Disabilities

Friday, June 7
 1:30-2:30
 Lake Sheen A

Individuals on the autism spectrum suffer, not because they have an “illness,” but because they feel depressed from being excluded from the rest of society. They just want to be accepted by society and their communities for themselves and as they are. The child with autism, in our society, is the perfect target. He is usually the one getting pushed around, teased, and bullied for being different. They suffer from rejections and exclusion by people who don't understand them. They don't fit your idea of normal. But what does “normal” mean? Step into the world of a child on the autism spectrum!

Carmen Rivera
 Light House Solutions Group
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 Orlando, FL 32837
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 criverahome@yahoo.com

Zilkie Ortiz
 Mission of Love, Life and
 Transformation Center, Corp
 861 Belhaven Drive
 Orlando, FL 32828
 (407) 668-2135
 zilkieortiz@yahoo.com

Jennifer Lizotte
 The Lizotte Law Group
 23 South Dillingham Avenue
 Kissimmee, FL 34741
 (407) 982-7624
 info@lizottelaw.com



Trauma and Disabilities

Friday, June 7
 1:30-2:30
 Lake Sheen B

This presentation will introduce a brief overview of trauma and why everyone should be aware of its importance in all aspects of life: What is trauma and what are some possible causes of trauma; the potential effects of trauma and the impact of trauma specifically on individuals with disabilities; what is trauma-informed care; and the importance of taking trauma into consideration in all aspects of life and care. Available resources regarding trauma-informed care will be provided.

Joanne Sagona
 603 Cedar Bend Circle #203
 Orlando, FL 32825
 (407) 319-2085
 joanne.sagona@yahoo.com



Exceptional Supportive Parenting Ideas for Your Child's School District

Friday, June 7
1:30-2:30
Lake Virginia A

Flagler County Schools' vision is to become the nation's premier learning organization. However, educators cannot put children first without the support and teamwork of our exceptional parents. Consequently, the Exceptional Student Education Department of Flagler County Schools actualized several innovative parental support services to empower our parents of students with special needs. The support encompasses everything from bi-monthly parenting classes with multi-faceted guest speakers, to a parent-friendly field day for students with disabilities. To find out more about Flagler County Schools' Exceptional Student Education success stories, come to this workshop.

Susan McVeigh
Flagler County Public Schools
Government Services Building, 1769 East Moody Boulevard, Building #2
Bunnell, FL 32110
(386) 586-2395 ext. 2105
mcveighs@flaglerschools.com



On Your Mark-Get Healthy

Friday, June 7
1:30-2:30
Lake Virginia B

The Center for Disease Control in 2012 stated that people with disabilities were more likely to be obese, and engage in exercise and other healthy behaviors less frequently than those without disabilities. They are more likely to die early from chronic ailments and preventable secondary conditions.

Persons with disabilities need regular aerobic exercise, conditioning for endurance and flexibility, as well as nutritional education.

This program is dedicated to presenting a healthy lifestyle that is easy to follow since it is imperative to be healthy and fit in order to work and live independently ... even if you live with your parents.

Faith D. Jones
On Your Mark-Get Healthy
6901 Boca Colony Drive #1512
Boca Raton, FL 33433
(561) 350-6268
westorth@aol.com

Maryellen Burton Jones
On Your Mark-Get Healthy
22308 Calibre Court #1202
Boca Raton, FL 33433
(561) 350-6268
westorth@aol.com



The Road to Self Sufficiency: Ticket to Work and the Impact of Employment on Cash Benefits, Medicare, and Medicaid (Part I)

Friday, June 7
1:30-2:30
Orlando IV

Many Social Security Beneficiaries are faced with the challenge of balancing their day-to-day living expenses with the limited income received from the Social Security Administration. The Ticket to Work and Self-Sufficiency Program (TTW program) provides an opportunity for SSA Beneficiaries to receive services that can help them to work and earn income above the amount received from the Social Security Administration, and yet maintain critical benefits like Medicaid and Medicare.

Harold Thornton
Florida Division of Vocational Rehabilitation
2002 A Old Saint Augustine Road, Building G

Debbie Baker
Florida Division of Vocational Rehabilitation
3191 Maguire Boulevard, Suite 246



Tallahassee, FL 32301
(850) 245-3270
harold.thornton@vr.fldoe.org

Orlando, FL 32803
(407) 897-2732
debbie.baker@vr.fldoe.org

Marlen Ulisky
Florida Division of Vocational Rehabilitation
1049 Eber Boulevard, Suite 101
Melbourne, FL 32904
(321) 984-4869 ext. 105
marlene.ulisky@vr.fldoe.org

FRIDAY



Early Steps, Early Wishes Playgroup

Friday, June 7
1:30-4:00
Orlando VI

Early Steps-Early Wishes is a two-hour family fun time that focuses on bringing Early Steps families together. Early Steps is the birth to three program for infants and toddlers with disabilities or developmental delays.

This workshop is planned, developed, and staffed by the statewide network of Early Steps Family Resource Specialists (parents of children previously in the Early Steps program who now work in their local Early Steps), who speak both English and Spanish, in conjunction with the Early Steps State Office. Some of the activities include: a puppet show, making adaptive toys, face painting, story time, crafts, free play, paper hats, and snacks.

Join us for a fun, interactive start to The Family Café. We will provide you with lots of information to help you get the most out of your experience at The Family Café, so be sure to stop by with your children.

Sue Cannon
CMS-Early Steps
991 Grapefruit Rd. SE
Palm Bay, FL 32909
(321) 480-5815

2:30 p.m. to 3:00 p.m. Pyramid Players, Foyer

3:00 p.m. to 4:00 p.m. CONCURRENT SESSIONS

Dadvocates

Friday, June 7
3:00-4:00
Lake Concord A

In 1994, a small group of fathers founded the first Florida fathers group, "Father to Father of Collier County." We did not fit into the mold of traditional support groups that were designed by mothers, and began to meet together as dads. We started with planned community outings with our children. It gave us time with our children and an informal time to talk to each other. I developed the "Dadvocate" workshop, and my first workshop had three dads present. My seventh workshop had standing room only! I learned much from the fathers in those workshops. I realized that dads were being overlooked, and I created the "Father's Network."

It is my hope that through this interactive presentation fathers will be encouraged to become involved in the lives of their children by being "Dadvocates."

Wilbur Hawke
Central Florida Parent Center
1021 Delaware Avenue
Palm Harbor, FL 34684



(727) 789-2400
wilburhawke@embarqmail.com

Changing Faces of Benefits

Friday, June 7
3:00-4:00
Lake Concord B

Did you know that some people with disabilities work and keep some or all of their benefits? Receiving public benefits should not discourage employment. Yet many Americans with disabilities who receive public benefits feel trapped by the maze of rules and requirements. They shy away from work for fear of losing benefits. With good information, individuals can make informed choices about work and savings to pursue greater financial stability. National Disability Institute, the first national non-profit dedicated exclusively to building a better economic future for all people with disabilities, aims to make things a little easier. For more than 10 years, National Disability Institute team members have hosted dozens of in-person state benefits trainings across the country to help people with disabilities navigate their local benefits maze. And now, for the first time, that important information is available to all Florida residents. With support from the Florida Developmental Disabilities Council, National Disability Institute created The Changing Face of Benefits, a FREE self-paced workbook and FREE online course created to provide individuals, families, and professionals basic information about Social Security Disability benefits and Medicaid/Medicare benefits, information to support informed decision-making, and an introduction to programs and services available to help people with disabilities move toward financial success.

Katie Metz
National Disability Institute
(904) 716-7936
kmetz@ndi-inc.org



Tactile/Hands-on Disaster Preparedness Evacuation Planning and Kit Building for Persons with Disabilities, on a Low Budget, Through Recycling and Free Items

Friday, June 7
3:00-4:00
Lake Down B

We will cover how to build, through the use of hands-on materials, an evacuation disaster kit, and how to plan for disasters year-round. We will teach you how to think outside of the box, to use recycling and use of free items you already have in your house that can be used in your disaster evacuation kit. In this session you will learn how to reuse items you have that are lost, forgotten, and abandoned within your house. You will also learn how to use items you can get for free to add to your disaster evacuation kit, and then finally learn how to plan for a disaster in the event you have to evacuate, or if you have to shelter in place. This session will leave you thinking about all the free items you use and acquire daily that can be used.

Linda Carter
No Person Left Behind/
Lehigh Acres Fire Control and Rescue CERT
704 Homer Ave North
Lehigh Acres, FL 33971
(239) 368-6846
linda.carter@lehighacrescert.com

Mary Carter
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704 Homer Ave. North
Lehigh Acres, FL 33971-1142
(239) 368-6846
marycarter@comcast.net



The 15th Annual Family Café

Finding the Fullness of Joy in Your Life

Friday, June 7
3:00-4:00
Lake Eola B

This dynamic faith-based session is designed to inspire and uplift! Be encouraged by understanding the power and strength that is a life filled with joy. Although we have all experienced difficult and challenging times in our special needs home, we learn to overcome and persevere to find that place of fullness for our lives. Fullness in our spirit, family, health, finances, etc. Regardless of the circumstances, our inner joy must remain full! Our strength depends on it and our faith and hope thrive on it! Now is the time to arise and claim or re-claim the Joy that you deserve to have operating in your life. In Psalm 16:11, David prayed for “the Lord to show him the path of life because in His presence was the fullness of Joy; at His right hand there are pleasures for evermore.” You know, it’s a pleasure to be happy and joyful! It’s a pleasure to trust God even when everything around you seems to be going wrong! It’s even a pleasure to have someone close who cares about you when you’re going through your darkest days; and in those wonderful times, it’s a pleasure to have someone to share laughter.

Hope to see you at this session ... Come and fill up on some “Joy” that will be flowing throughout the room!!!

Rev. Robert E. (Bob) Streater, III, MA
The RMS Family Encouragement Foundation, Inc.
P.O. Box 14625
Tallahassee, FL 32317
(850) 765-5020
familyencouragement@yahoo.com

Presents for Parents: Strategies for Success

Friday, June 7
3:00-4:00
Lake Florence A

This professional development is designed specifically for parents/guardians. Participants will be provided with fundamental behavioral strategies to assist them in raising children that demonstrate appropriate behavior. In this very fun and engaging session, attendees will leave with seven “gifts” that will help achieve this goal.

Beth Williams
FDLRS/Miccosukee
3955 W. Pensacola Street
Tallahassee, FL 32304
(850) 487-2630 ext. 1
williamse@leonschools.net

Jan Oberschlake
FDLRS/Miccosukee
3955 W. Pensacola Street
Tallahassee, FL 32304
(850) 487-2630 ext 3
oberschlakej@leonschools.net



Guardianship, Guardian Advocacy, and Alternatives: Youth with Developmental Disabilities Transitioning to Adulthood

Friday, June 7
3:00-4:00
Lake Florence B

This presentation will provide information about the decision-making alternatives for children with developmental disabilities as they enter adulthood and providing them with decision-making assistance in the least restrictive ways possible. Specifically, alternatives to guardianship, including powers of attorney, banking options, medical surrogate, and representative payee options for Social Security benefits will be discussed. Additionally, the guardianship and guardian advocacy processes will be explained and explored.

Phoebe Ball
Disability Rights Florida
2728 Centerview Drive, Suite 102
Tallahassee, FL 32301
(800) 342-0823
phoebeb@disabilityrightsflorida.org

McKay Scholarship Program for Students with Disabilities

Friday, June 7
3:00-4:00
Lake George B

The Department of Education's Office of Independent Education and Parental Choice will present information about the John M. McKay Scholarship Program for Students with Disabilities. This program was established to provide Florida parents and students with educational options, and operates under the premise that the parents should make decisions regarding their child's education. The program offers student-directed funding and parent-directed choices. The presentation will include: participation statistics, eligibility requirements, process for filing the intent, parent/student responsibilities, qualification requirements, and public school responsibilities.

Scott Earley
Florida Department of Education
325 West Gaines Street, Suite 1044
Tallahassee, FL 32399
(800) 447-1636
Scott.Earley@fldoe.org



How Sensory Issues Affect Feeding and Communication

Friday, June 7
3:00-4:00
Lake Hart A

Communication and feeding concerns are very common with children with special needs. One factor that we need to look at is what sensory issues the child might have before we start to address the actual feeding and communication concerns. During this fun and interactive session you will learn the basics of sensory integration and some simple strategies that you can use at home to decrease the stress related to meal times and increase the joy of communication within the family.

Jeremi Grosser, MS, CCC-SLP
Early Steps of SW Florida
8961 Daniels Center Drive, Suite 401
Fort Myers, FL 33912
(239) 433-6700
jeremigrosser@hpcswf.com

Why Do You Think She Said That?

Friday, June 7
3:00-4:00
Lake Hart B

This fun and interactive workshop explores the four primary methods of personality styles and how they affect communication at an IEP meeting.

Come discover which personality style you are, have a few laughs, and learn some strategies that will make your next IEP meeting a less stressful experience!



Eileen Gilley
Central Florida Parent Center
1021 Delaware Avenue
Palm Harbor, FL 34684
(727) 789-2400
eileen@cflparents.org

Diane Joslin
Central Florida Parent Center
diane@cflparents.org

FloridaHATS: Preparing Teens for Transition to Adult-Oriented Health Care

Friday, June 7
3:00-4:00
Lake Highland A

The best way to ensure good health in adulthood is for teens, as developmentally able, to understand their health needs and become active participants in health care decision-making. Florida Health and Transition Services (HATS) supports young Floridians, including those with disabilities or special health care needs, as they transition from child-focused to adult-oriented systems of care. We will discuss the importance of preparation for health care transition, describe how providers and caregivers can help youth become more independent in managing their own care, and demonstrate tools and resources from FloridaHATS that can assist in the process (see www.floridahats.org).

Janet Hess
University of South Florida
2 Tampa General Circle, 5th Floor
Tampa, FL 33606
(813) 259-8604
jhess@health.usf.edu

Join the Revolution: Start a 4-H Club

Friday, June 7
3:00-4:00
Lake Highland B

Youth involved in 4-H have been making a difference for over 100 years. Over 230,000 boys and girls from age 5-18 participate in community and school clubs throughout Florida. Youth learn citizenship, explore life skills through over 100 projects, and have FUN doing it! You only need 5 youth from two separate families and an adult volunteer.

Volunteers must be 21 years of age, with a background screening and application. Training will be held in the county you live in. Project areas include animals, gardening, sewing, photography, robotics, visual arts, and much, much more.

Join us today to experience a 4-H Club meeting, a sample lesson from a project, and get your 'Start a 4-H Club' tool kit. Gather your friends and join us for a fun time!

Georgene Bender
University of Florida-4H Youth Development
UF-IFAS Plant City Center, 1200 N. Park Road
Plant City, FL 33563
gmbender@ufl.edu



Disability Rights Florida... How Can We Help You? (Español)

Friday, June 7
3:00-4:00
Lake Louise B

Discover what resources Disability Rights Florida can provide to empower you to become an effective self-advocate and take a proactive role in your own life. Learn problem-solving techniques, strategies for

self-advocacy, and insight on new legislation that may affect persons with disabilities. We are here to help you!

Jeffrey Michels
 Disability Rights Florida
 2728 Centerview Drive, Suite 102
 Tallahassee, FL 32301
 (800) 342-0823
jeffreym@disabilityrightsflorida.org

Sibshop Part II

Friday, June 7
 3:00-4:00
 Lake Lucerne

Brothers and sisters will have the longest lasting relationship with a sibling who has a disability or special health care need. During their lives, they will experience most of the unique concerns and joys their parents do. But few siblings of kids with special needs ever have a chance to talk about their issues with others who “get it.” This workshop will offer the siblings a chance to meet other kids whose brothers and sisters have special needs too. They’ll talk about the good and the not-so-good parts of having a sibling with a disability. Most importantly, they’ll have fun! Sibshop participants will play lively games and make new friends.

This session will be limited to brothers and sisters 8 to 13 years old who have a sibling with a disability or special health care need.

Pam Lake
 FDLRS Gateway
 4256 SW County Road 152
 Jasper, FL 32052
 (386) 792-2877 ext 13
pam.lake@fdlrsgateway.com

Becki Longshore
 Columbia County Schools
 444 West Duval Street
 Lake City, FL 32055
 (386) 755-8050 ext 118
longshoreb@firn.edu

New Autism Treatments Target Pro-Inflammatory “Innate Pathogens”

Friday, June 7
 3:00-4:00
 Lake Mizell A

Allergies, asthma, and autism have reached epidemic proportions, but the reason(s) why remain elusive. Increasing evidence indicates that brain inflammation is involved in the pathogenesis of neuropsychiatric diseases. Our recent evidence indicates that mitochondria, commonly known for their cellular energy production, undergo fission and translocation to the cell surface where they secrete some of their components outside the cell. These include DNA and ATP, which are misconstrued by the body as “innate pathogens” leading to an inflammatory response affecting specific brain regions responsible for behavior and language that may explain autism. The natural flavonoid luteolin inhibits these processes and has a significant benefit in autism.

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 136 Harrison Avenue
 Boston, MA 02111
 (617) 636-6866
theoharis.theoharides@tufts.edu





Life Planning for Special Needs

Friday, June 7
3:00-4:00
Lake Mizell B

“What will happen to my loved one when I am gone or simply no longer able to provide care?” This question is asked by many in regards to their loved one with special needs. While there is no single cookie-cutter answer, there are steps you can take to help assure the long-term financial security of a loved one with special needs. Unfortunately, with no planning, the result could be financial, medical, and emotional hardship. By the end of this presentation, participants will be able to find the answers to this question, and make plans for the future.

Sylvia Linares-Williams
Security Financial Management
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Advocates Unite!!

Friday, June 7
3:00-4:00
Lake Monroe A

Are you an advocate? Do you want to be a better advocate? Well then join the FYC as they address the issues of how to be an advocate for yourself and others. This session will cover disability history, so that you can advocate for a better future, how to advocate for your personal needs, and how to reach beyond yourself and advocate for a friend or even all persons with disabilities.

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Josue Tapia-Ortiz
Florida Youth Council

Sarah York
Florida Youth Council

Christina Waldron
Florida Youth Council

Megan Atkinson
Florida Youth Council

Nick Grabowski
Florida Youth Council



My Life, My Journey

Friday, June 7
3:00-4:00
Lake Monroe B

Laura-Lee Minutello is a twenty-five-year-old advocate, public speaker, and Ms. Wheelchair Florida 2012. Laura was born to a birth mother who was a substance abuser and as a result of that addiction, she has Cerebral Palsy. She was adopted into a loving family that taught her to be a strong and confident advocate. During this session, Laura will share her personal story, as well as her experience with the Ms. Wheelchair Florida Program, and her continued advocacy efforts for children and other adults with disabilities. All are welcome to come, listen, and share their own journey with her as well.

Laura-Lee Minutello
Miss Wheelchair Florida 2012
1706 Shady Leaf Drive
Valrico, FL 33596
(321) 945-5129
laura.minutello@gmail.com



Interstate Compact on Educational Opportunity for Military Children

Friday, June 7

3:00-4:00

Lake Nona A

Come join us and learn more about the Interstate Compact on Educational Opportunity for Military Children. The Compact was developed in an effort to reduce the educational and emotional issues encountered when children of military personnel transfer from schools in one state to another. It addresses the difference in requirements among states involving immunizations, the entrance ages for kindergarten and first grade, exit exams, and graduation requirements. It also includes provisions dealing with participating in extracurricular activities, course placement, enrollment in highly capable programs, and other issues unique to the transitioning military family.

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Coral Gables, FL 33134
(305) 535-0914
scott@7-dippity.com

Florida's Transportation Disadvantaged Program – A Coordinated Effort

Friday, June 7

3:00-4:00

Lake Nona B

In Florida, the Commission for the Transportation Disadvantaged is responsible for ensuring the coordination of transportation for Florida's most vulnerable citizens. This session will provide a comprehensive overview of the Transportation Disadvantaged Program, our partners, the people we serve, and how it all works together. You will learn about the accessible transportation options available to you in your community. There will be an opportunity for you to ask questions and hopefully find solutions to your transportation challenges.

John Irvine
Florida Commission for the Transportation Disadvantaged
605 Suwannee Street, MS-49
Tallahassee, FL 32399
(850) 410-5700
john.irvine@dot.state.fl.us

Restraint and Seclusion: What's New in the Law and How Can I Protect My Child?

Friday, June 7

3:00-4:00

Lake Sheen A

This presentation will provide information about the current use of restraint and seclusion in school, data, and updates of SP&P. Discussion will focus on practices, policies, state law, and what you need to know to protect your child. Current policies, technical assistance papers, and ways to ensure your district is complying with keeping your child safe will be included. The presentation will also inform participants of the state law and status of the federal law. The presentation will allow for open dialogue between presenter and participants.

Dr. Lee Clark
Disability Rights Florida
1930 Harrison Street, Suite 1044
Tamarac, FL 33020
(800) 342-0823 ext. 9790
Leec@disabilityrightsflorida.org





The Intersection of Physical and Mental Health

Friday, June 7,
3:00-4:00
Lake Sheen B

Is there a relationship between physical and mental health? Can your regular doctor help you with mental or behavioral health questions? What should you look for and ask about when advocating for necessary services for yourself or someone you care about? With the progress of the Affordable Care Act (ACA) and the Mental Health Parity Act, the balance between the physical and mental health of individuals with disabilities is receiving more attention. As insurance and programs begin to provide an overlay of mental health services as a component of parity, it is critical that individuals understand the intersection of physical and mental health to access necessary and appropriate services. This session will explore the connection between physical and mental health, how they can offset one another, and how to discuss your mental health needs in relation to physical health issues. Leave with resources, information, and a checklist to help ensure you are meeting your mental health needs relative to your physical needs.

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GED: Get 'Em Done

Friday, June 7
3:00-4:00
Lake Virginia A

Today's outdated teaching approaches, along with emphasis on STEM—Science, Technology, Engineering, and Math courses—leaves many students discouraged with learning, disappointed with themselves, and disillusioned about their futures. However, by flipping the traditional education model and getting students out of the classroom, collaborating with each other, serving their communities, running their small businesses, and more, they can gain the knowledge needed to acquire their GED. Furthermore, these students will gain experience in leadership, business, and communication skills needed for success. McKay Scholarships will be accepted. Teachers become mentors, guides, co-learners, and co-creators. Changing to an experiential model of learning allows students to pursue their passions and will lead to young adults who are dedicated, disciplined, and determined to make a difference.

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Sharon Johnson
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36924 Barrington Drive
Eustis, FL 32736
(352) 408-4133
sharon@benotconformed.com



Rish Park: Accessible Outdoor Fun

Friday, June 7
3:00-4:00
Lake Virginia B

This customer focused presentation will inform participants about the past, the present, and the future of outdoor accessible fun at Billy Joe Rish Park. Participants will learn what is available, what the future holds for the park and, most importantly, how families and groups can have affordable fun in a barrier free environment.

The Agency for Persons with Disabilities recently invested \$3.5 million into the infrastructure of Rish Park, providing much needed accessibility enhancements. The symbolic reopening took place in February

FRIDAY



2010 before the BP oil spill. Since the spill, the park has been underutilized while there are families and groups who could be benefitting from this unique property. Come learn how you can make your reservation to freely enjoy the outdoors.

JR Harding, Ed.D
 Agency for Persons with Disabilities
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 jr.harding@apd.state.fl.us



The Road to Self Sufficiency: Ticket to Work and the Impact of Employment on Cash Benefits, Medicare, and Medicaid (Part II)

Friday, June 7
 3:00-4:00
 Orlando IV

Many Social Security Beneficiaries are faced with the challenge of balancing their day-to-day living expenses with the limited income received from the Social Security Administration. The Ticket to Work and Self-Sufficiency Program (TTW program) provides an opportunity for SSA Beneficiaries to receive services that can help them to work and earn income above the amount received from the Social Security Administration, and yet maintain critical benefits like Medicaid and Medicare.

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 Florida Division of Vocational Rehabilitation
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 Orlando, FL 32803
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 Melbourne, FL 32904
 (321) 984-4869 ext. 105
 marlene.ulisky@vr.fldoe.org



Early Steps, Early Wishes Playgroup

Friday, June 7
 1:30-4:00
 Orlando VI

Early Steps-Early Wishes is a two-hour family fun time that focuses on bringing Early Steps families together. Early Steps is the birth to three program for infants and toddlers with disabilities or developmental delays.

This workshop is planned, developed, and staffed by the statewide network of Early Steps Family Resource Specialists (parents of children previously in the Early Steps program who now work in their local Early Steps), who speak both English and Spanish in conjunction with the Early Steps State Office. Some of the activities include: a puppet show, making adaptive toys, face painting, story time, crafts, free play, paper hats, and snacks.

Join us for a fun, interactive start to The Family Café. We will provide you with lots of information to help you get the most out of your experience at the Family Café, so be sure to stop by with your children.

Sue Cannon
 CMS-Early Steps
 991 Grapefruit Rd. SE



Palm Bay, FL 32909
(321) 480-5815

FRIDAY

4:30 p.m. to 5:30 p.m. CONCURRENT SESSIONS

The Easy Button

Friday, June 7
4:30-5:30
Lake Concord A

This presentation will demonstrate shortcuts and offer suggestions to help "ease" the routine care and entertainment of persons with disabilities. Some of these suggestions can actually improve the daily lives of the differently abled person, while relieving the caretaker of extraneous duties and stress. These shortcuts provide ease, comfort, and extra time with a more content outcome of care. I will have handouts, a PowerPoint display, and possibly a model demonstrating the many shortcuts and simplified steps to create some ease in the day-to-day care of persons with disabilities.

Rosemary Balandra
6715 217th Street East
Bradenton, FL 34211
(941) 962-0418
miniequine@yahoo.com



My Life as a High School Peer Mentor with Autism

Friday, June 7
4:30-5:30
Lake Concord B

In high school, James Williams was a member of his school's Peer Mentoring program. At his school, peer mentors were students who would work with other students with disabilities in their classrooms, and also offered friendship to them. In this presentation, he will talk about how he used his life experiences with autism to help understand and advocate for the students with disabilities that he mentored at his school, and will give advice to high school students who are looking to advocate for their classmates with disabilities in their own schools.

James Williams
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Northbrook, IL 60062
(224) 628-6629
jmw820@comcast.net

Somehow I Still Have a Full Head of Hair

Friday, June 7
4:30-5:30
Lake Down A

I am just a mom. I have said this many times. My son is now 20-years-old, and I tell everyone if there were a contest for autism, my kid wins. I am also a medical foster parent, a provider for the Agency for Persons with Disabilities, and a Family Resource Specialist for the Early Steps Program. Over the years I had the privilege of taking care of many youth with disabilities. Come listen to how this has affected my family's life and how I have become successful in making life work. Many times I have been on my own with four children with autism and have not only enjoyed this experience, but also survived. Parents are the experts on their children and together we can create a safe future for our children.

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Sandy Reid
Early Steps
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Melbourne, FL 32901
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Plan for Safety: Emergency Preparedness and You

Friday, June 7
4:30-5:30
Lake Down B

Learn how to prepare yourself for the unexpected in this interactive session. Participants will learn about and complete an emergency preparedness plan to take with them by the end of the session to use at home. Plans will include special needs, pets, service animals, family members, transportation, medical information, and tips to get prepared. This session is sponsored by the Second Annual Statewide Preparedness Project collaboration between The Family Café and the Florida Department of Health.

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Tallahassee, FL 32399
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bryan.vaughan@apd.state.fl.us

Shaping Behavior with Apps for iPad

Friday, June 7
4:30-5:30
Lake Florence A



This workshop will help parents use iPad Apps to shape their child's behavior. There are many Apps available to use for scheduling, timers, rewards, and organization. This would be especially helpful for parents with children with Attention Deficit Hyperactivity Disorder (ADD or ADHD), Autism (ASD), Asperger's, Specific Learning Disability (SLD), or Emotional Behavioral Disability (EBD). So bring your iPad and let's find the Apps!

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Rebecca Cox
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rebecca.cox@heartlanded.org



A Life of an Underestimated Individual: Ways to Have Yourself Heard

Friday, June 7
4:30-5:30
Lake Florence B

This session will be based on one person's experience as an individual with a severe disability. You will hear what has worked and what didn't work, which will help you develop a plan for yourself. Some of the topics covered will include how to benefit fully from services that are available and knowing what those services are (i.e. Supported Living, Life Skills Development 1, 2 and 3, Respite, etc.) and the iBudget. You will also hear about how to self-advocate and what rights you are entitled to.

Shawn Mims
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Writing for the Struggling Learner: How Can I Help My Child Overcome Writing Challenges?

Friday, June 7
4:30-5:30
Lake George A

Many students with disabilities experience challenges with writing. Writing is one of the most complex tasks that is included in school standards. In this session we will explore strategies, accommodations, and modifications to address these challenges that struggling or emergent writers face. Suggestions for at-home reinforcement for writing will be provided. We will also take a look at and discuss some low-tech tools as a part of the assistive technology continuum.

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20/20 Hindsight – Clearing the Air on Vision

Friday, June 7
4:30-5:30
Lake George B

Join us as we explore basic eye functions and eye diseases in children. The PowerPoint will cover how they eye works, more prevalent eye diseases in children and simulations of those eye diseases. We will also discuss the A-B-Cs in the doctor's office and in school. Braille, orientation and mobility, and general courtesies are also included as well as numerous resources for parents, and how to stay connected. This will be basic, easy-to-understand information for all.

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Jacksonville, FL 32244
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Logging Your Journey: Getting Organized and Communicating Effectively to Maximize Your Child's Potential

Friday, June 7
4:30-5:30
Lake Hart A

Presented by early steps Family Resource specialists in English and Spanish, this workshop will inspire you to get organized and take control of the mountains of paperwork that come along with your child's unique needs. We will share our strategies and record keeping systems to help you and we will share information to help you better communicate your wants and needs within the early intervention system. Participants will receive a package of information including a binder to get you started with getting organized.



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Tools for Teaching Orientation and Mobility Skills to Students Who are Blind or Visually Impaired

Friday, June 7
 4:30-5:30
 Lake Hart B

This presentation will highlight several APH products that have been developed to help teach orientation and mobility skills to students who are visually impaired and blind. Tactile Town provides an interactive, three-dimensional model to help teach spatial concepts and environmental layouts. APH Talking PC Maps Software provides spoken and on-screen map data that provides a verbal description of physical space and what it contains. O&M Family Software Booklet allows you to customize a family booklet about your student's Orientation & Mobility and connect with students' families. Treks is a board game designed to teach compass directions.

Monica Turner
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 1839 Frankfort Avenue
 Louisville, KY 40206
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 mmtturner@aph.org

The Florida Consortium on Postsecondary Education and Intellectual Disabilities: Statewide Postsecondary Options for Students with Intellectual Disabilities

Friday, June 7
 4:30-5:30
 Lake Highland A

This session will provide an overview of Florida's strategic approach to developing a statewide network of postsecondary institutions for transition-age youth with intellectual disabilities to participate in academic and community life on a college campus. Participants will learn about current postsecondary options available throughout Florida. We will share strategies to develop and support programs as well as success stories illustrating ways for participants to expand postsecondary options within their own communities. We will also share examples of technical assistance provided by the Consortium, including the newly developed STAR (Students Transitioning into Adult Roles) Person-Centered Planning model and the Universal Design for Learning (UDL) online training module for college faculty.

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 jknab@usfsp.edu

Mickie Hayes
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The Emerging Transformational Leadership Program (ETLP), an Innovative New Leadership Curriculum for Professionals, Parents, and Self-Advocates

Friday, June 7
4:30-5:30
Lake Highland B

The Emerging Transformational Leadership Program (ETLP) is an innovative leadership curriculum at University of Miami Miller School of Medicine's Mailman Center for Child Development. We target early to mid-career professionals, parents, and self-advocates who are identified as emerging leaders in the disability community that could benefit from a targeted leadership training curriculum focused on disability and leadership content. An overview of the program and lessons learned will be shared.

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Hammocks, FL 33196
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eclarke5000@bellsouth.net

Florida Medicaid Eligibility and Medicaid Waivers

Friday, June 7
4:30-5:30
Lake Louise A

This presentation provides an overview of Florida Medicaid eligibility and Home and Community-Based Medicaid Waiver programs. Participants will learn how Medicaid and waiver eligibility is determined, application processes, and service coverage and limitations. Emphasis will be placed on Medicaid information specific to the Developmental Disabilities Home and Community-Based Services Waiver programs. The presentation focuses on the processes involved with obtaining Medicaid eligibility, choosing a Medicaid plan, and summary of Medicaid Waiver programs.

Jamie Franz
Agency for Health Care Administration, Bureau of Medicaid Services
2727 Mahan Drive MS #20
Tallahassee, FL 32308
(850) 412-4238
jamie.franz@AHCA.myflorida.com



Legislative Advocacy 2013

Friday, June 7
4:30-5:30
Lake Louise B

The presentation begins with a report on the Florida Developmental Disabilities Council's 2013 Legislative Platform and the legislative outcomes for individuals with developmental disabilities and their families from the 2013 Legislative Session. Advocacy techniques that were used will be illustrated for self-advocates and their families so that they can understand how to advocate and how they can truly have an impact on the process. Preparation for the 2014 Legislative session and other advocacy techniques for participants will be included to encourage those who want to learn about the legislative process and educate their legislators about the needs of individuals with developmental disabilities.

Margaret J. Hooper
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margaretd@fddc.org



Delegate Roundtable: Cerebral Palsy

Friday, June 7

4:30-5:30

Lake Lucerne

One of the best ways for people that are new to a situation to become educated about their options is to speak with someone that has "been there" and "done that." This year at the annual conference, The Family Café Delegates will be hosting roundtable conversations where parents can network with other parents to share experiences and strategies that have worked for them. If you are new to parenting a child with a disability, or if you have a particular challenge your family is facing, this session may provide the support and guidance you need.

This roundtable session will be dedicated to Cerebral Palsy. Sessions on Autism, Down Syndrome, and Mental Health will also be held.

Cathy Seacrist
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cathybear143@aol.com

Special Needs Ministry

Friday, June 7

4:30-5:30

Lake Mizell A

Joshua's Quest is a Ministry serving the Special Needs population of all ages. The pilot program was started at Trinity Baptist Church, Ocala. Many churches do not know how to effectively reach children and adults with special needs. We at Joshua's Quest desire to go into every church that would have us come and help them set up a Special Needs Ministry. It can be done for one child/adult or hundreds. Integrated or self-contained.

Marion Landua-Figueroa
Joshua's Quest
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Anthony, FL 32617
(352) 433-5020
joshuasquest@yahoo.com

**Are Your Ducks in a Row? Protection First, For You and Your Family**

Friday, June 7

4:30-5:30

Lake Mizell B

Are your ducks in a row? Protection of your family should always come first—and for that you need planning. Join us to explore an uncommon view that will challenge traditional thinking and offer refreshingly new approaches to financial decision making. Protection, Cash flow, Assets, Liabilities as you may have never looked at them before. What's your transition plan? What's your exit strategy? Is it all written down in one place? Are your ducks in a row?

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College: It's Not So Scary

Friday, June 7
4:30-5:30
Lake Monroe A

Going to college can be a bit scary to think about, however it doesn't have to be scary. It can be place to be enjoyed and where you can have fun. Members of The FYC are currently in college, or have graduated, and they want to share their experiences on how they have succeeded in their college experience. If you have ever thought about going to college, or are currently in college, this session is for you.

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Sarah York
Florida Youth Council

Derek Carraway
Florida Youth Council

Nick Grabowski
Florida Youth Council

Chris Regan
Florida Youth Council



How to Start and Run a Successful Self-Advocacy Organization

Friday, June 7
4:30-5:30
Lake Monroe B

This presentation will discuss how to successfully start and run a self-advocacy group. Members from each of the 13 grassroots self-advocacy groups that make up the statewide self-advocacy organization, FL Self-Advocates Network'D (FL SAND), will show you the ins and outs of running their local groups and a statewide self-advocacy organization. If you have ever wanted to start a self-advocacy organization or want to get more involved, this presentation will give you pointers on how to get started, how to build membership, how to fundraise, and most importantly, how to unite your voices to accomplish common goals!

Amanda Baker
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Panama City, FL 32401
(850) 691-7872
abaker1532@comcast.net

Frank Shalett
FL SAND
1911 SW 4th Court
Fort Lauderdale, FL 33132
(954) 804-2535
superadvocate@comcast.net



Communication Tips to Support Children with Special Needs

Friday, June 7
4:30-5:30
Lake Nona A

Parents of children with disabilities and their service providers may encounter barriers to communication when trying to research available special education programs as the family moves to a new location or when the child transitions to another school in the same district. Find out about online resources and tips to promote positive communication that will smooth transition of the child's Individualized Education Program (IEP) to obtain comparable services, whether moving to a school on a military installation or one in a civilian community.

Dr. Maria V. Barkmeier
Special Education Administrator
574 SW Belmont Circle
Port Saint Lucie, FL 34953
(703) 470-5932





Finding Money for the Fun Stuff!

Friday, June 7
4:30-5:30
Lake Nona B

Budgeting for a family with special needs can be difficult and leave you feeling like there is no money left over for things that you want. In this presentation, blogger Tanya Fischer provides tips and tricks for finding extra money for the fun things! She will discuss different ways to make your money go further and how to make a little extra money in ways you never heard of! The goal is for you to feel financially empowered, no matter what your budget is!

Tanya Fischer
P.O. Box 781986
Orlando, FL 32878
(407) 346-9699
blucosh@yahoo.com
www.OccupiedLife.com

When the Team Can't Come to Consensus, What's Next?

Friday, June 7
4:30-5:30
Lake Sheen A

Miscommunications can often lead to IEP break down. It can be very difficult dealing with the intricacies of negotiating such a sensitive area. Parents need to understand how to resolve disagreements and the benefit of mediation as a tool for conflict resolution. Due Process is not always a viable solution. This presentation will cover how to work toward resolving disagreements between the parent and the school. We will also address informal conflict resolution and mediation, State Complaints, Office of Civil Rights Complaints, and Due Process Hearings. The presentation will allow for open dialogue between presenter and participants.

Ann Siegel
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(800) 342-0823 ext. 9790
anns@disabilityrightsflorida.org



Delegate Roundtable: Mental Health

Friday, June 7
4:30-5:30
Lake Sheen B

One of the best ways for people that are new to a situation to become educated about their options is to speak with someone that has "been there" and "done that." This year at the annual conference, The Family Café Delegates will be hosting roundtable conversations where parents can network with other parents to share experiences and strategies that have worked for them. If you are new to parenting a child with a disability, or if you have a particular challenge your family is facing, this session may provide the support and guidance you need.

Sessions on Autism, Down Syndrome, and Cerebral Palsy will also be held.

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The Family Café and Café TA Center
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Tallahassee, FL 32301
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jcountryman@familycafe.net

Heather Hawk, CRPS A/F
hjhawk@gmail.com



Online Safety: Practical Practices for Parents

Friday, June 7
 4:30-5:30
 Lake Virginia A

We live in an increasingly technology-based society. Children need to be prepared to navigate a world and a workforce in which computers are an essential part of daily life. The Internet can be used as a learning tool or a weapon. Social networking sites, like Facebook and Twitter, are popular Internet destinations for millions of children nationwide. Unfortunately, these sites are also popular with sexual predators, cyber bullies, and con artists. Attend this informative workshop to gain a clearer understanding of the issues children are facing, and what message to communicate to your child about making safer decisions.

Kristi D. Richburg
 FDLRS Administration/HRD Project
 3841 Reid Street
 Palatka, FL 32177
 (386) 329-3829



Early Steps Sweets

Friday, June 7
 4:30-5:30
 Lake Virginia B

This interactive session will be an opportunity to hear “hot-off-the-bakers-rack” topics that directly impact your child and family. Please join Penny Geiger, Bureau Chief, and Kelly Rogers, Lead State Parent Consultant/parent of a young adult who received early intervention services with the Early Steps State Office for information, networking, and an open forum for questions and answers.

Kelly Rogers
 Early Steps State Office
 Kelly_Rogers@doh.state.fl.us

Penny Geiger
 Early Steps State Office
 (850) 245-4200 ext. 2714
 Penny_Geiger@doh.state.fl.us



How to Ruin an Interview

Friday, June 7
 4:30-5:30
 Orlando IV

Presented by a Publix recruiter, this session will cover the do's and don'ts of job interviews. Come and learn about 10 things that can ruin an interview, as well as 10 remedies to rescue an interview. A Q & A session will also be included.

Dan Kammeraad
 Publix Super Markets
 9800 West Beaver Street
 Jacksonville, FL 32220
 (904) 781-8600 ext. 2297
 daniel.kammeraad@publix.com





Making It Work – It Takes Two

Friday, June 7
4:30-5:30
Orlando VI

This presentation will provide an overview of employment services available through the Agency for Persons with Disabilities and the Division of Vocational Rehabilitation. Learn about supported employment and self-employment as potential services to assist you in developing a successful career and what your responsibilities are in that process. Information will be provided on how to design services and supports to connect your interests to employment options. A question and answer session will be provided as well.

Jan Pearce
Florida Division of Vocational Rehabilitation
2002 A Old Saint Augustine Road
Tallahassee, FL 32303
(850) 245-3302
jan.pearce@vr.fldoe.org

Steve Dunaway, PH.D
Agency for Persons with Disabilities
4030 Esplanade Way, Suite 380
Tallahassee, FL 32399
(850) 878-2433
steve_dunaway@apd.state.fl.us



Baywatchers Show How We Are All Born2Swim.net with Tropical Miami Civitan Special Olympics

Friday, June 7
4:30-5:30
Quiet Pool

Born2Swim with Baywatchers Special Olympics' Competitive Team and The Tropical Miami Civitan Club under the direction of Yazmin Acocella-Ramirez will present not only adaptive recreational sports but, more importantly, water survival and swimming skills for participants with challenges from six months to adulthood.

Baywatchers enjoys the community spirit and important benefits that it receives from the free instruction that Born2Swim Academy provides for swimmers with developmental disabilities, which engenders tools to avoid sad water-related outcomes. We are a Miami-Dade benefit charity and congratulate Yazmin Acocella-Ramirez for their advocacy.

Joaquin Fermoselle
Tropical Miami Civitan Club
1205 Mariposa Avenue 327
Coral Gables, FL 33146
(305) 808-9494
joaquin.bacardi@usdoj.gov

Ana Maria Miyares
Yazmin Acocella-Ramirez

5:00 p.m. to 9:00 p.m. Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf, Hospitality Suite

6:00 p.m. to 8:00 p.m. The 15th Annual Governor's Summit on Disabilities Hosted by Governor Rick Scott, Orlando Ballroom

Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf

Friday, June 7 | 5:00-9:00 | Hospitality Suite 812

Our collaborative team has reserved a Hospitality Suite just for families of children with sensory loss and professionals who work with them! Come! Bring your family and join us! You will have an opportunity to make contact with other families, parent groups, and organizations that provide assistance and services to the sensory loss population and community.





GET A PLAN!
FloridaDisaster.org

So you think your family is prepared for a hurricane...

WOULD YOU STAKE YOUR LIFE ON IT?

In the hours and days immediately following a hurricane, the top priorities for first responders and emergency personnel will be search and rescue and law enforcement. It's your personal responsibility to provide the first line of defense for your family.

ASK YOURSELF:

- ▶ Is your family prepared to be on its own for 3 days or more?
- ▶ Do you have enough food, water and other critical supplies for your entire family to last at least 3 days?
- ▶ Do you live in an evacuation zone? If so, do you have an evacuation plan?
- ▶ Do any or your family members have medical or other Special Needs?
- ▶ Do you have a plan for your pets?

IS YOUR FAMILY READY?



**IF NOT,
IT'S TIME TO
GET A PLAN!**



Log on to www.FloridaDisaster.org today to develop a free customized hurricane preparedness plan for your family.
(See reverse for details.)

The first step toward protecting your family is to make sure you have a Family Disaster Plan.

Creating your own plan is simple and it only takes a few minutes. Just visit www.FloridaDisaster.org and click "Get a Family Plan." Completing the plan is as easy as doing an Internet search or downloading music. And having a plan for your family will help ensure their safety and comfort before, during and after a storm.

Once at www.FloridaDisaster.org, you will be asked to provide information about your home, your family, and pets. Using this information, the website will create a personalized Family Disaster Plan that you can print and save for future emergencies.

Included in your plan will be:

- ▶ Recommended amounts of food and water based on the size of your family.
- ▶ Contact information for your local emergency responders and maps of your local Evacuation Zones.
- ▶ Checklists of important steps to take before, during, and after a disaster.

Your Family Disaster Plan will also include detailed instructions on creating a disaster supply kit for your family.

This kit should include:

- ▶ At least three days worth of drinking water and non-perishable food for your entire family.
- ▶ At least three days worth of batteries for flashlights and radios.
- ▶ At least three days worth of vital prescription drugs.
- ▶ At least three days worth of diapers and essential baby supplies if you have small children.
- ▶ An outdoor grill and fuel.
- ▶ A generator with fuel.

Don't have Internet access at home? You can still get a plan.

Visit your local library and ask for assistance logging onto www.FloridaDisaster.org. You can create and print your plan from the library's public computer.

TAKE ACTION TO PROTECT YOUR FAMILY TODAY!

1. Log onto FloridaDisaster.org.



2. Enter in your personal information and answer a series of questions about your household.



3. Print your personalized Family Disaster Plan and review it with your entire family.



**GET A
PLAN!**
FloridaDisaster.org

THE 15TH ANNUAL GOVERNOR'S SUMMIT ON DISABILITIES

Friday, June 7, 2013

6:00 p.m. to 8:00 p.m., Orlando Ballroom

Please plan on joining us for The 15th Annual Governor's Summit on Disabilities on Friday evening! This year The Family Café is pleased to return to its tradition of hosting Florida's Governor. Governor Rick Scott, our state's 45th Governor, will join Family Café attendees on Friday evening at 6:00 for a conversation on trends and policies that impact the disability community. We hope you take advantage of this chance to hear directly from Florida's leading elected official.

The Governor will be joined by two distinguished guests, both of whom will also have an opportunity to speak with everyone in attendance. State Senator Bill Galvano represents District 26, and Chairs the Senate Appropriations Subcommittee on Education. He is a long-time advocate for people with disabilities and supporter of The Family Café, and he will be able to share a legislative perspective on Florida's disability policy.

The Family Café is also very pleased to welcome autism advocate and NFL great Dan Marino. He will share his experience as a parent, an advocate, and the founder of the Dan Marino Foundation. For over 20 years, the Foundation has served individuals with disabilities in South Florida while raising more than \$42 million to create unique and impactful initiatives in the community, including the Marino Campus, which will be opening its doors to students in 2014.

The 15th Annual Governor's Summit on Disabilities promises to be both informative and memorable. The Family Café is committed to creating opportunities for individuals with disabilities to connect with policy makers and elected leaders. We believe that engagement between people with disabilities and those that set the policies that profoundly impact their lives is essential, and we hope you take advantage of this great opportunity to have your voice heard at The 15th Annual Governor's Summit on Disabilities!



The 15th Annual Governor's Summit on Disabilities will feature a musical performance by Staar Fields, a singer/songwriter and mother of her 6 year old son Gabriel, who was diagnosed with Autism. Although Gabriel is non-verbal, Staar has used her music to capture his attention and to encourage people and families across the country! Staar is excited about spreading her message of hope. For more information please visit www.staarfields.com.



Saturday, June 8, 2013

9:00 a.m. to 10:30 a.m., Orlando Ballroom

GATORLAND®

Home of the SCREAMIN Gator ZIP LINE

Learn about wildlife native to Florida. Meet the reptiles and mammals up close and in person that you don't see every day!

THE ULTIMATE OUTDOOR EXPERIENCE



8:00 a.m. to 9:00 a.m.
8:30 a.m. to 5:30 p.m.
9:00 a.m. to 5:00 p.m.
9:00 a.m. to 5:00 p.m.
9:00 a.m. to 6:00 p.m.

10:30 a.m. to 11:00 a.m.
10:30 a.m. to 3:00 p.m.
11:00 a.m. to 12:00 p.m.
12:30 p.m. to 1:00 p.m.
1:00 p.m. to 5:00 p.m.
1:00 p.m. to 2:00 p.m.
2:00 p.m. to 2:30 p.m.
2:00 p.m. to 4:00 p.m.
2:30 p.m. to 3:30 p.m.
3:30 p.m. to 4:00 p.m.
4:00 p.m. to 5:00 p.m.
5:00 p.m. to 7:00 p.m.
5:00 p.m. to 7:00 p.m.
7:00 p.m. to 9:00 p.m.

Registration Open, Convention Registration
Exhibit Hall Open, Orange Ballroom
Complimentary Wheelchairs Available, Convention Registration
Dental Screening, Exhibit Hall
Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf, Hospitality Suite
Pyramid Players, Foyer
Registration Open, Convention Registration
CONCURRENT SESSIONS
The Special Gathering Choir, Foyer
Arts & Crafts, Orlando V
CONCURRENT SESSIONS
The Special Gathering Choir, Foyer
Children's Storyteller, Orlando V
CONCURRENT SESSIONS
Pyramid Players, Foyer
CONCURRENT SESSIONS
Dads' Chat, OSDB Hospitality Suite 812
Moms' Chat, OSBD Hospitality Suite 875
Family Entertainment featuring The Big Big DJ Show, Orlando Ballroom



Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf

Saturday, June 8 | 9:00-6:00 | Hospitality Suite 812

Our collaborative team has reserved a Hospitality Suite just for families of children with sensory loss and professionals who work with them! Come! Bring your family and join us! You will have an opportunity to make contact with other families, parent groups, and organizations that provide assistance and services to the sensory loss population and community.

11:00 a.m. to 12:00 p.m. Concurrent Sessions

Orthopedic Treatment of the Child with Cerebral Palsy

Saturday, June 8

11:00-12:00

Lake Concord A

David Siambanes, DO is Board Certified in Orthopedic Surgery. He is the Medical Director of the St. Joseph's Children's Hospital Scoliosis Center. Dr. Siambanes will cover the forms of scoliosis, signs of scoliosis, and suggested treatments of scoliosis, both operative and non-operative.

David Siambanes

St. Joseph's Children's Hospital

3003 West Martin Luther King Jr. Boulevard

Tampa, FL 33607

(813) 554-8903

david.siambanes@baycare.org

Medication Compliance and Adherence

Saturday, June 8

11:00-12:00

Lake Concord B

Medication Adherence (sometimes referred to as Medication Compliance) is defined as the ability of the patient to take his/her medication exactly as ordered by the healthcare provider. The full benefit of medications will be achieved if the patients follow prescribed treatment regimens as closely as ordered. After the course, attendees will be able to

- Define adherence or compliance as it relates to drug therapy.
- Identify behavior that may affect their adherence.
- Acknowledge the effects of non-adherence or non-compliance to drug therapy.
- Devise strategies for improving their own medication adherence or compliance.
- Identify the roles of pharmacists in promoting medication adherence or compliance.

Dr. Martin Ugwu

McHills Pharmacy

P.O. Box 120665

Clermont, FL 34712

(352) 460-4057

mchillspharmacy@comcast.net

Gloria Ugwu

Vican Health Services Incorporated

P.O. Box 120665

Clermont, FL 34712

(352) 414-3872

mchillspharmacy@comcast.net

Welcome to ICORE (Central Office Records Encryption)

Saturday, June 8

11:00-12:00

Lake Down A

ICORE is designed as an all-inclusive paperless system for providers. This system is to assist HCBS providers and other professionals with a more efficient, effective and easy-to-use documentation system.

This system is the first digitalized Human Service Provider Central File Program. The iCore System was created by a provider with over 25 years' experience in the Human Service field. Come and learn about the features of the iCore System.

The 15th Annual Family Café



SATURDAY

David Koller
Developmental Service Trainers, Inc.
and Disability News Network
P.O. Box 830954
Ocala, FL 34483
(352) 427-9261
dspofmarion@aol.com

Victoria Boyne
Developmental Service Trainers, Inc.
and Disability News Network
Ocala, FL 34483
(352) 427-9261
dspofmarion@aol.com



Preparedness Planning with Your Family and Children – Making Your Family Plan

Saturday, June 8
11:00-12:00
Lake Down B

Emergencies can occur without warning. Where will your family be when disaster strikes? What would you do if basic services—water, gas, electricity or telephones—were cut off for several days? If you have a child with special needs, planning becomes critical. You could be on your own for several days with limited resources. This presentation is focused on how families can cope with emergencies by preparing in advance and working together as a team. Being prepared is your best protection and your responsibility. This session is sponsored by the Florida Department of Health Second Annual Statewide Preparedness Project in partnership with The Family Café.

Valerie Beynon
Florida Department of Health
4052 Bald Cypress Way, Bin A-23
Tallahassee, FL
(850) 245-4444 ext 3875
valerie_beynon@doh.state.fl.us

Michael L. Haney, PH.D, NCC, CISM, LMHC
Florida Department of Health

Bryan F. Vaughn
Agency for Persons
with Disabilities

John M. Cherry III
Florida Department
of Education

Celebration of Life: Experiencing the Healing Power of Love

Saturday, June 8
11:00-12:00
Lake Eola B

Give yourself the gifts of Love, Comfort & Relief as we join together to honor our journey with our loved ones who have passed away. This inspirational Celebration of Life ceremony will include healing music, art and poetry. Everyone will be invited to contribute to a silk community painting, put their loved one's name on the "Tree of Life" and participate in a powerful healing experience. Dr. Paula Lalinde will share her personal journey back to wholeness, and describe how the study of energy medicine has transformed her life. Hand-made mementos will be available for everyone attending.

The Celebration of Life Ceremony began in 2012 with the loss of a member of our Florida Youth Council, Ms. Lizzy Barrows. Each year the ceremony will vary as we continue to honor all families who have experienced a loss over time. Military families of children with special needs will be specially recognized for their service and courage as they are a continual witness of loss.

Paula Lalinde
N.T. Hope, LLC
1121 Crandon Boulevard, F-205
Key Biscayne, FL 33149
(305) 807-7594
paula@nothingtrumpshope.com

SATURDAY



Transition Individual Education Planning: Yes, There is Life After High School, and What to Expect

Saturday, June 8
11:00-12:00
Lake Florence A

This presentation will focus on navigating the Transition Individual Education Plan process for parents and care givers of students planning to exit the Exceptional Student Education program. This is a co-presentation with a student and an Advocate who has successfully completed the transition from High School to Post-Secondary. Parents will learn the importance of drafting an appropriate transition plan. Also covered will be accommodations to assist the student to access the appropriate post-secondary options, and a discussion of the importance of related services and assistive technology. The presentation will allow for open dialogue between presenters and participants.

Ann Siegel
Disability Rights Florida
1930 Harrison Street, Suite 1044
Tamarac, FL 33020
(800) 342-0823 ext. 9790
anns@disabilityrightsflorida.org

SATURDAY



Living Your Life the Way You Want

Saturday, June 8
11:00-12:00
Lake Florence B

Have you been told that you or your child can't live a normal independent life because he or she has a disability? The things that you've been hearing like this, take them and throw them out the window and say, "so long and see you no more." That is right: it is 100% possible for a person with a disability to live a normal, independent life. Come to this presentation and you will hear how TJ Moon is living an independent life, like he wants to, with minimal help. You will also learn how you or your child with a disability can also live an independent life with some help or even no help at all. Do you want to work, own your own business, live on your own, go to college, and many other choices? This is possible, and you will be living your life like you want to!

Thomas Moon
P.O. Box 787
Ocala, FL 34478
(352) 502-5994
tj@moonscapes.org

Aging in Place – Accessibility and Mobility Features for the Home

Saturday, June 8
11:00-12:00
Lake George A

Participants will learn that Florida is home to 3.5 million individuals with disabilities, and will have 9.7 million seniors over the age of 65 by 2030. As a result of these emerging demographics, the demand for housing is expected to shift dramatically in order to better meet the needs of our seniors and persons with disabilities who are living at home. The goal of Elder Affairs and the Agency for Persons with Disabilities is to recognize the need to 'Age in Place' using universal design features as a standardized practice for the home building industry. These Aging in Place features include things such as zero-entry, accessible bathrooms, functional benches, and more. While this need has always been present, the awareness of consumer demand has been lacking. This presentation will demonstrate how and where Aging in Place for seniors and persons with disabilities overlap. This matters...you matter. Let's get Florida prepared!

Larry E. Baxter, MS
Florida Department of Elder Affairs

JR Harding, Ed.D
Agency for Persons with Disabilities

The 15th Annual Family Café



4040 Esplanade Way
Tallahassee, FL 32399
(850) 414-2058
baxterl@elderaffairs.org

4030 Esplanade Way
Tallahassee, FL 32399
(850) 922-5220
jr_harding@apd.state.fl.us

Project 10: Transition Education Network

Saturday, June 8
11:00-12:00
Lake George B

Project 10: Transition Education Network assists Florida school districts and relevant stakeholders in building capacity to provide secondary transition services to students with disabilities in order to improve their academic success and post-school outcomes. Project 10 serves as the primary conduit between the Florida Department of Education, specifically the Bureau of Exceptional Education and Student Services (BEES), and relevant school district personnel in addressing law and policy, effective practices, and research-based interventions in the area of transition services for youth with disabilities. This presentation will detail how Florida has addressed transition through Project 10, specifically information will be provided on the history and structure of this project, as well as an interactive tour of Project 10's website, which has valuable transition resources relevant for both a state and national audience.

Danielle Roberts-Dahm
Project 10: Transition Education Network
140 7th Avenue South, SVB 108
Saint Petersburg, FL 33701
(727) 873-4654
lroberts@usfsp.edu



Getting a Jumpstart on Accessing Resources and Understanding Systems

Saturday, June 8
11:00-12:00
Lake Hart A

Presented by Early Steps Family Resource Specialists in English and Spanish, this workshop will help parents who have infants and toddlers (birth to three) get a jumpstart on finding and accessing resources in their local community and beyond. We will also share personal experiences and thinking 'outside the box' with how systems work (Early Intervention, IDEA, Insurance, SSI, etc.) and making the system work to benefit you and your family. Our experience comes from walking the path a few steps ahead of you and sharing our stories.

Paula B. Keyser
Early Steps (West Central)
All Children's Hospital, Dept. 7470
480 7th Avenue South
Saint Petersburg, FL 33701
(727) 767-6705
paula.keyser@allkids.org

Glomaris Gonzalez
Early Steps (Central Florida)
601 West Michigan Street
Orlando, FL 32805
(407) 317-7430 ext. 2201
glomaris.gonzalez@orlandohealth.com

Rose Mary Lumm
Early Steps (Central Florida)
601 West Michigan Street
Orlando, FL 32805
rose.lumm@orlandohealth.com

Life Lessons: Seven Keys to Unlock Your Child's Potential

Saturday, June 8
11:00-12:00
Lake Hart B

This presentation is designed to inform and educate by sharing information and "practical tips"... done through lessons learned from "real life" with a child with special needs: real-life situations backed-up with positive solutions. These seven keys will help you unlock your child's potential. Learn the key to acceptance and the "ABC's" of what being an advocate really means. Learn where to go to find



The 15th Annual Family Café

resources and how to contact them. Chantai Snellgrove, Founder of Parenting Special Needs Magazine, shares her experiences of how she approached challenges and figured out a better way. She provides helpful tips and solutions to the challenges of parenting a child with special needs.

Chantai Snellgrove
Parenting Special Needs Magazine
518 South Valencia Circle SW
Vero Beach, FL 32968
(772) 532-4423
chantai@parentingspecialneeds.org

Man Laws for Moms

Saturday, June 8
11:00-12:00
Lake Highland A

This session for moms will explore some of the reasons why dads do the things that they do, related to family involvement. Then the session will look at strategies that moms can use to help encourage dad to be more involved with a child with special needs, and the additional responsibilities that often surround raising the child.

Mark Keith
Outreach Services for the Blind and the Deaf (OSBD)
FSDB, 207 North San Marco Avenue
Saint Augustine, FL 32084
(904) 827-2731
keithm@fsdb.k12.fl.us

Memories Equals Memoir

Saturday, June 8
11:00-12:00
Lake Highland B

This presentation for people with disabilities is an introduction to writing a memoir. Everybody has a story to tell from which everybody else can learn and it is possible to turn that story into a book. Writing your memoir can be an enjoyable experience that you can share with your family. Completing your memoir may give you a sense of accomplishment and a desire to set new goals for the rest of your life. In my presentation, I will describe the process of writing my memoir and provide helpful tips.

Ashley McGrath
167 Battersea Avenue SE
Palm Bay, FL 32909
(321) 725-2940
ashmarmcg@aol.com

Tracy McGrath
167 Battersea Avenue SE
Palm Bay, FL 32909
(321) 725-2940
mmcgr41@aol.com

Fair Housing for Persons with Disabilities and Their Families

Saturday, June 8
11:00-12:00
Lake Louise B

Did you know that a landlord has to allow a person with a disability to have a service animal and cannot charge a pet deposit or extra fees? Are you aware that a housing provider may have to accommodate a tenant who may be evicted because of disruptive behavior due to a disability, as long as the request is reasonable? Learn about your rights to fair housing at this workshop. The first session will provide a brief overview of the Fair Housing Act and will discuss the "reasonable accommodations" provisions of the Act in detail, giving examples of actual cases that apply to persons with a wide range of disabilities.

Luxmy Panzardi
Community Legal Services of Mid-Florida
122 East Colonial Drive, Suite 200
Orlando, FL 32801
(407) 811-7777 ext 2116
luxmyp@clsmf.org

Delegate Roundtable: Autism

Saturday, June 8
11:00-12:00
Lake Lucerne

One of the best ways for people that are new to a situation to become educated about their options is to speak with someone that has “been there” and “done that.” This year at the annual conference, The Family Café Delegates will be hosting roundtable conversations where parents can network with other parents to share experiences and strategies that have worked for them. If you are new to parenting a child with a disability, or if you have a particular challenge your family is facing, this session may provide the support and guidance you need.

This roundtable session will be dedicated to Autism. Sessions on Cerebral Palsy, Down Syndrome, and Mental Health will also be held.

Cindy Borroto
300 West 74th Place, Apt. 103
Hialeah, FL 33014
(786) 797-6234
cindy1231@bellsouth.net

Making Sense of Sensory Integration-2013

Saturday, June 8
11:00-12:00
Lake Mizell A

More cost efficient and creative ideas for sensory exploration in the classroom and at home! We learn about the world around us by using all of our senses to explore our environment. Because of various delays and disabilities, some people find this exploration of the environment to become more challenging. Disruption in this sensory processing system can result in various developmental issues such as poor self-regulation, inattentiveness, developmental delays, difficulty with social interaction skills and many others. This year we have added many new ideas incorporating everything from Assistive technology apps, to creative bargain shopping masterpieces!!!! Come join our fun exploration of our engaging sensory environments and take home a packet of inexpensive and simple activities that you can create either at home or in your classroom!

Maxine Duke, Ph.D ABD/MA
PARC
3100 75th Street North
Saint Petersburg, FL 33710
(727) 345-7111 ext 6911
mduke@parc-fl.org

Patricia McCartney
PARC
3100 75th Street North
Saint Petersburg, FL 33710
(727) 345-911 ext 6237
pmccartney@parc-fl.org

SATURDAY





Benefits and Tax Savings for Families with Special Needs

Saturday, June 8

11:00-12:00

Lake Mizell B

Parents of children with special needs incur a myriad of expenses for their child or adult, including therapies, educational training, tutoring, personal care aides, transportation, home modifications, and medical supplies.

Many of these expenses may be tax deductible, but are often overlooked by tax professionals who are unfamiliar with the types and categorization of qualified expenses. These unique tax benefits may entitle parents to additional refunds.

Learn how to identify these often missed tax deductions, and other tools available to save on your family's federal and state income tax. Includes a basic review of the tax implications of various types of Special Needs Trusts.

Karen F. Greenberg, MBA
Prosperity Life Planning
4673 Brady Blvd.
Delray Beach, FL 33445
(561) 638-6945
kfgreenberg@cs.com

Jaret L. Vogel
Prosperity Life Planning
4673 Brady Blvd.
Delray Beach, FL 33445
(561) 638-6945
jaretlvogel@aol.com

SATURDAY



Living in the Real World

Saturday, June 8

11:00-12:00

Lake Monroe A

Come join some of the FYC members as they share how they transitioned from High School into the real world. They will share what went well, what went poorly, and how they became more independent. At the end, you will have a chance to ask them questions, so that you can better prepare yourself for the real world.

Alex Brown
Florida Youth Council
519 North Gadsden Street
Tallahassee, FL 32301
(850) 224-4670
abrown@familycafe.net

Josue Tapia-Ortiz
Florida Youth Council

Derek Caraway
Florida Youth Council

Chris Regan
Florida Youth Council

Sibling Advocacy: The New Advocacy Movement

Saturday, June 8

11:00-12:00

Lake Monroe B

Are you a sibling or a parent of a sibling with a disability? Then this class is for you! Welcome to the new advocacy movement in disabilities that is sweeping the nation: sibling advocacy. Learn what exactly sibling advocacy is, why the bond between siblings is so important, what we can do to help young siblings of individuals with disabilities, and what role older siblings can have in the lives of their siblings. Also learn about national and state sibling advocacy organizations and how you can get involved!

Jaime Sagona
603 Cedar Bend Circle #203
Orlando, FL 32825
(407) 319-3049
jaime.april@gmail.com

Andrew Sagona
603 Cedar Bend Circle, #203
Orlando, FL 32825
(407) 319-0615
asagona9@gmail.com



Meet Your Exceptional Family Member Program Personnel

Saturday, June 8

11:00-12:00

Lake Nona A

Have you connected with your EFMP? Exceptional Family Member Program (EFMP) personnel from multiple service branches and military bases in Florida talk about the role of the EFMP and answer your questions. Come and meet us and learn more about how we can help your family!

Scott Sevin

7-Dippity, Inc.

1313 Ponce de Leon Blvd., Suite 301

Coral Gables, FL 33134

(305) 535-0914

scott@7-dippity.com

Ancient Walking to Primal Rhythms Vision Therapy (Peripheral Vision Training)

Saturday, June 8

11:00-12:00

Lake Nona B

A Vision Therapy program developed and applied at the USAF Academy (and with numerous collegiate and professional baseball teams) will be taught to train the body's main balance center (the eyes) for improved peripheral vision and acuity. A series of natural eye movement and focus techniques and "ancestrally-inherent" dynamic practices called Ancient Walking to Primal Rhythms will enhance visual concentration, fixation, and eye movement with balance center integration for better vision and balanced movement. These techniques are exceptionally helpful to facilitate integration and pattern recognition/repetition of specific motor and cognitive skills movement. Typically, the earlier someone receives this type of therapeutic intervention the better.

Randy Eady, M.Ed

Hollywood Healing Center

1601 Harrison Street

Hollywood, FL 33020

footwhispering@gmail.com

Faith and Disability: Encouraging Your Place of Worship in Welcoming and Including All into God's House

Saturday, June 8

11:00-12:00

Lake Sheen A

Do you long for an inclusive perspective at your place of worship? Do you feel more can be done to open the doors of God's house, and welcome all to worship? Then this workshop is for you! The Starnes family is a "founding member" of one of the largest disability ministries in the country, at McLean Bible Church in Virginia. Upon moving to Orlando, they encouraged their new church home to begin a similar path. Discuss ideas and issues on building access at your chosen place of worship. Learn about local and national resources, and start-up strategies for developing an inclusive ministry.

Linda Starnes

1710 Greystone Court

Longwood, FL 32779

(407) 538-7180

mrslhs@aol.com





Your Story as Advocacy in Mental Health

Saturday, June 8
11:00-12:00
Lake Sheen B

One of the best advocacy tools is telling your personal story. You will learn a short process on how to use your life experiences to relate to others, influence the system, and bring about change.

Dana Foglesong, CRPS-A
dana@peersupportfl.org



One Day at a Time: Surviving Bullying

Saturday, June 8
11:00-12:00
Lake Virginia A

A 17-year-old recovering anorexic tells her story of how she faced and survived bullying. As a young adult with a mental illness and disability, she will discuss the role of bullying in slowing her recovery and its ongoing effects on her life and her future. She will also explore what families and youth should demand when faced with bullying situations, how to know when "enough is enough," how to get help, what to expect, and how to move past the experiences.

Jordan Justiss
20232 Alvarado Road
Abingdon, VA 24211
(276) 475-2051
j-justiss@hotmail.com



Adaptive / Inclusive Sports: What's In It for You?

Saturday, June 8
11:00-12:00
Lake Virginia B

Regular physical activity has been shown to diminish the risks and effects of many health problems associated with a sedentary lifestyle, including obesity, as well as the loss of lean muscle tissue and bone mass. The important mental, social, and emotional benefits will also be discussed. Learn about the value of active leisure!

Laurie LoRe-Gussak
Florida Disabled Outdoors Association
2475 Apalachee Parkway, Suite 205
Tallahassee, FL 32301
(850) 201-2944
info@fdoa.org

David Jones
Florida Disabled Outdoors Association
2475 Apalachee Parkway
Tallahassee, FL 32301
(850) 201-2944
info@fdoa.org



The Road to Work: My Job in the NASCAR Fast Lane

Saturday, June 8
11:00-12:00
Orlando IV

David Taylor is a self-advocate and owner of Racecar Waterboy, LLC, a successful Micro-enterprise. David is also the author of the *Micro-Enterprise 25-Step Business Plan Workbook*. Come and listen to David share his experiences of becoming a successful business owner, and his experiences as a water bottle vendor at NASCAR.



David Taylor
Racecar Waterboy, LLC
racecarwaterboy.homestead.com
racecarwaterboy@yahoo.com

12:30 to 1:00 p.m. **The Special Gathering Choir**, Foyer

1:00 p.m. to 5:00 p.m. **Arts & Crafts**, Orlando V

1:00 p.m. to 2:00 p.m. CONCURRENT SESSIONS

Surgical Management for Spasticity: How the Team Approach Affects Decisions Made and Post-Operative Plans—Part I

Saturday, June 8
1:00-2:00
Lake Concord A

Making the decision for your child with a disability to undergo surgery for spasticity management or to correct orthopedic issues can be complicated. Attending a Spasticity Clinic where all of the treating physicians and therapists can meet with you at one time can help to properly plan interventions. However, once those interventions have been completed, the work for the family has just begun, as the child has to learn to use their body in new ways. This two-part session will include a pediatric orthopedic surgeon, a pediatric physiatrist, and a physical therapist who works with a Spasticity Clinic as well as a client and her family. Rationale for decision-making, as well as postoperative management, will be discussed by all presenters. The sessions will provide both a clinical and a family perspective that will be helpful to those considering similar options.

David Siambanes
St. Joseph's Children's Hospital
3003 West Martin Luther King Jr. Boulevard
Tampa, FL 33607
(813) 554-8903
david.siambanes@baycare.org

Paul Kornberg, MD, FAPMR
Rehabilitation and Electrodiagnostics/
St. Joseph's Children's Hospital
2914 North Boulevard
Tampa, FL 33607
(813) 228-7696
pkornberg@verizon.net

Shelby and Tom Nurse
1205 Alameda Avenue
Clearwater, FL 33759
(727) 403-3513
shelbynurse@me.com and tnurse@me.com

Lauren Rosen, PT, MPT, MSMS, ATP/SMS
3001 W Dr. Martin Luther King Jr Boulevard
Tampa, FL 33607
(813) 870-4242
lauren.rosen@baycare.org

Living the Vida Loca (Living the Crazy Life)

Saturday, June 8
1:00-2:00
Lake Concord B

My life is full of crazy things that happened. However, the craziest things that happened to me were when it came to my disabilities. When it comes to these events, I had to adjust to them. It wasn't easy, but I got it to a point where I can live with it. My life can be best described as this: An inspired life, filled with craziness.

Ryan Turner
(813) 407-2880
ryanneodt@aol.com

Tammy Turner
(813) 298-8012
tammyturner@aol.com



Sugar Blues

Saturday, June 8

1:00-2:00

Lake Down A

Sugar is a subject especially important for the population with special needs, as food directly influences behavior, learning, brain fog, and regularity. If you live in America, you can benefit from this information! We have an epidemic of obesity and chronic illness. My intention is to permanently change your relationship with sugar—because your life depends on it! This is an interactive workshop with the audience. It will include take-home tips and handouts about silent inflammation and the perfect “nutritional storm:” how sugar (often hidden) can bring on serious health problems including obesity, type II diabetes, heart disease, some cancers, increased rate of aging, and immune system and brain disorders.

Here is a chance to get a handle on what you eat and drink, not through will power or discipline, but by understanding what causes those crazy, uncontrollable cravings, and knowing that you can reduce them naturally over time, which means more energy, looking younger, and putting you in control of your well being.

Cathy Silver, AADP
Institute of Integrative Nutrition
snmodefi@gmail.com



Tactile/Hands-on Disaster Preparedness Evacuation Planning and Kit Building for Persons with Disabilities, on a Low Budget, Through Recycling and Free Items

Saturday, June 8

1:00-2:00

Lake Down B

We will cover how to build, through the use of hands-on materials, an evacuation disaster kit, and how to plan for disasters year-round. We will teach you how to think outside of the box, to use recycling and use of free items you already have in your house that can be used in your disaster evacuation kit. In this session you will learn how to reuse items you have that are lost, forgotten, and abandoned within your house. You will also learn how to use items you can get for free to add to your disaster evacuation kit, and then finally learn how to plan for a disaster in the event you have to evacuate, or if you have to shelter in place. This session will leave you thinking about all the free items you use and acquire daily that can be used.

Linda Carter
No Person Left Behind/Lehigh Acres Fire Control and Rescue CERT
704 Homer Avenue North
Lehigh Acres, FL 33971
(239) 368-6846
linda.carter@lehighacrescert.com

Mary Carter
No Person Left Behind
704 Homer Avenue North
Lehigh Acres, FL 33971-1142
(239) 368-6846
marycarter@comcast.net

Surviving the Storm(s) in Your Marriage & Relationship

Saturday, June 8

1:00-2:00

Lake Eola A

Wow...The title says it all! Yes, if you are married (we'll celebrate 26 years in December), or in a serious relationship, then it is highly likely that after a certain period of time together, there will not always be calm, easy breezy weather on the home front. Life circumstances and situations can quickly change the climate of the heart and before you know it...things are clouding up and you can feel a storm brewing overhead. Now, if this has NEVER been your case, and you have at least a decade or more on this journey, then we cordially invite you to come and share your trade secrets with the class.

SATURDAY



But, for the rest of us folks, just as strongly as you can love someone, you can also experience "other" emotions that can be the polarizing opposite. What do you do???

If love is patient and love is kind...then what are impatience and unkindness in a marriage? Frustration, irritability and a whole lot of other "stuff" can creep up like a flash flood! Just like a hurricane preparedness class teaches you to be equipped before the storm hits, couples need to know how to insulate their marriage and relationship so that they can survive any storm that will mount in their lives. You are welcome to come and experience a lively discussion and learn tips that can help you get through mild thundershowers to turbulent tornadoes in your life. Don't let your marriage be swallowed up by a relationship sinkhole, caving in without any notice.

Rev. Robert E. (Bob) Streater, III, MA
Team Streater Seminars & Services
P.O. Box 14625
Tallahassee, FL 32317
(850) 765-5020
bobandmal@yahoo.com

Malverna Streater
Team Streater Seminars & Services
P.O. Box 14625
Tallahassee, FL 32317

Meet Dr. Verra-Tirado, Chief, Bureau of Exceptional Education and Student Services, Florida Department of Education

Saturday, June 8
1:00-2:00
Lake Eola B

Dr. Verra-Tirado will provide participants with an update on the latest initiatives and activities of the Bureau, which administers education programs for students with disabilities, coordinates student services throughout the state, and participates in multiple inter-agency efforts designed to strengthen the quality and variety of services available to students with special needs.

Dr. Monica Verra-Tirado
Florida Department of Education
325 Gaines Street, Suite 614
Tallahassee, FL 32399
(850) 245-0475
monica.verra-tirado@fldoe.org

Keeping the Behaviorally Challenged Student in School Learning

Saturday, June 8
1:00-2:00
Lake Florence A

Students with challenging behavior spend time out of the classroom missing out on important instructional time. Many students are suspended for manifestations of their disability and the function of their behavior is often misunderstood. This presentation will focus on the student's behavior, and when to request a Functional Behavior Assessment and Positive Behavior Intervention Plan. Also covered will be how to draft a meaningful positive Behavior Intervention Plan. The presentation will allow for open dialogue between presenter and participants.

Dr. Lee Clark
Disability Rights Florida
1930 Harrison Street, Suite 1044
Tamarac, FL 33020
(800) 342-0823 ext. 9790
Leec@disabilityrightsflorida.org

SATURDAY





Using the Internet and Social Media for Advocacy

Saturday, June 8

1:00-2:00

Lake Florence B

The web is a great way to advocate and promote your cause. It has unlimited possibilities. You can reach thousands, or even millions, of people and make a difference. Two things that are great about the internet: It is free, and you do not have to be a techie expert to be effective. You can use Facebook and other social media to spread the word and create a base of supporters. Coupled with web sites and other on-line resources, you can reach out and make a difference and promote change. You will learn the basics of how to effectively use the internet and social media for advocacy.

Howard Moon
P.O. Box 787
Ocala, FL 34478
(352) 427-5935
howard@howmoon.com

Livy's Hope: How a Family Was Changed Forever

Saturday, June 8

1:00-2:00

Lake George A

The birth of a child with disabilities is overwhelming, frightening, and challenging, but it can also be a blessing. Olivia Hope Scheinman is an eight-year-old twin born with a brain malformation resulting in epilepsy and cerebral palsy. Please join Olivia, her twin sister Hailey and her parents to hear their inspirational story of how they have worked as a team to overcome the difficulties of living with a child with disabilities. They will share the metamorphosis of their family and how they have filled their journey with hope and the spirit of giving back in order to make a difference in the lives of others.

Jon Scheinman
Livy's Hope
P.O. Box 15326
Clearwater, FL 33766
(727) 488-0337
jscheinman@livyshope.com

Allison Scheinman
Livy's Hope
P.O. Box 15326
Clearwater, FL 33766
(727) 488-7884
ascheinman@livyshope.com

Olivia and Hailey Scheinman

Fibromyalgia Syndrome (FMS): How it's Diagnosed and What Current Treatments are Available

Saturday, June 8

1:00-2:00

Lake George B

For those afflicted, men, women, and children with FMS, an invisible disorder, can now be correctly diagnosed and effectively treated to improve their quality of life. Coping strategies, accommodations at work and home, exercise, support groups, prescription medications, and behavioral changes will be discussed with participants for ideas that are useful and helpful in the pursuit of a quality life with FMS. Handouts will be provided to the attendees.

Laura K. Roza
Tampa Fibro Friends
24135 Painter Drive
Land o' Lakes, FL 34639
(813) 482-2835
tpafibrofriend@gmail.com

Michael E. Miller, Sr.
Tampa Fibro Friends
1908 Winn Arthur Drive
Valrico, FL 33594
(813) 508-2986
michaielemillersr1908@verizon.net

SATURDAY



Low Tech and High Tech Tools for Infants and Toddlers

Saturday, June 8

1:00-2:00

Lake Hart A

Presented by early steps Family Resource specialist in English in Spanish, this workshop will show you some easy low tech ideas to help your developing infant or toddler using everyday items around your home and creating items by recycling. We will also share some of the ideas and fascination of using high tech tools (such as the iPad) with your child, in addition to the cautions and concerns of using these items too much for children under the age of three.

Paula B. Keyser
Early Steps (West Central)
All Children's Hospital, Dept. 7470
480 7th Avenue South
Saint Petersburg, FL 33701
(727) 767-6705
paula.keyser@allkids.org

Glomaris Gonzalez
Early Steps (Central Florida)
601 West Michigan Street
Orlando, FL 32805
(407) 317-7430 ext. 2201
glomaris.gonzalez@orlandohealth.com

Rose Mary Lumm
Early Steps (Central Florida)
601 West Michigan Street
Orlando, FL 32805
(407) 317-7430 ext 2201
rose.lumm@orlandohealth.com

iBudget Florida – the Waiver of the Future

Saturday, June 8

1:00-2:00

Lake Hart B

The Florida Legislature approved and APD has begun implementing the iBudget Florida waiver. iBudget Florida was designed with input from a broad group of stakeholders, including consumers, families, support coordinators, providers and advocates. iBudget Florida is a new waiver which has individual consumer budgets for services, greater choice and flexibility in service selection, less bureaucracy, a role for support coordinators refocused on consumers rather than paperwork, and tools and resources to help consumers and families control their budgets. iBudget Florida began in the northern part of the state this year. It will expand to involve all APD waiver-enrolled consumers in Florida, replacing the tier waiver system. Come hear the vision for iBudget Florida and learn more about this exciting new program.

Denise Arnold
Agency for Persons with Disabilities
4030 Esplanade Way, Suite 380
Tallahassee, FL 32399
Denise_Arnold@apd.state.fl.us

Parent Survival Skills

Saturday, June 8

1:00-2:00

Lake Highland A

This session explores the family dynamics of having a child with a disability and looks at the impacts that can occur on the social and professional relationships in and around the family. The session stresses the need for internal communication in the family, as well as developing strategies to cope with issues and stresses that may arise for the family members.

Mark Keith
Outreach Services for the Blind and the Deaf (OSBD)
FSDB, 207 North San Marco Avenue
Saint Augustine, FL 32084
(904) 827-2731
keithm@fsdb.k12.fl.us



Join the Revolution: Start a 4-H Club

Saturday, June 8
1:00-2:00
Lake Highland B

Youth involved in 4-H have been making a difference for over 100 years. Over 230,000 boys and girls from age 5-18 participate in community and school clubs throughout Florida. Youth learn citizenship, explore life skills through over 100 projects, and have FUN doing it! You only need 5 youth from two separate families and an adult volunteer.

Volunteers must be 21 years of age, with a background screening and application. Training will be held in the county you live in. Project areas include animals, gardening, sewing, photography, robotics, visual arts, and much, much more.

Join us today to experience a 4-H Club meeting, a sample lesson from a project, and get your 'Start a 4-H Club' tool kit. Gather your friends and join us for a fun time!

Georgene Bender
University of Florida-4H Youth Development, UF-IFAS Plant City Center
1200 N. Park Road
Plant City, FL 33563
gmbender@ufl.edu

How Infants/Toddlers with Fetal Alcohol Spectrum Disorders “Sense the World”

Saturday, June 8
1:00-2:00
Lake Louise A

Infants/toddlers with Fetal Alcohol Spectrum Disorders (FASD) are at high risk for learning and mental health disorders. Many of these children are placed in foster care or have been adopted, often with parents having little knowledge of the pre-natal exposure to alcohol or the challenging effects caused by FASD. Early identification/intervention has been identified as a “Universal Protective Factor.” While no evidence-based practice has yet been determined for young children, we do have nearly 40 years of parent/clinical experience about what works.

Kathryn Shea, LCSW
The Florida Center for Early Childhood
4620 17th Street
Sarasota, FL 34235
(941) 650-6592
kathryn.shea@thefloridacenter.org



Advocacy 101—A Basic Overview of Appealing Medicaid Service Reductions or Denials: Part I

Saturday, June 8
1:00-2:00
Lake Louise B

This presentation will empower family members as well as stakeholders by familiarizing them with the administrative hearing process to challenge Medicaid service reductions or denials. Participants will receive a resource manual about self-advocacy in administrative appeal hearings, specifically Medicaid service issues. In addition, participants will learn about basic procedures to initiate an appeal; how to prepare for an appeal; as well as who is present during an administrative appeal. This information will be presented in the form of a sample case, so that participants will see how the process works, as well as what to expect at each stage, and there will be ample opportunity for questions.

Eddie Sheeks
Disability Rights Florida
2728 Centerview Drive, Suite 102
Tallahassee, FL 32301

SATURDAY

(800) 342-0823
edies@disabilityrightsflorida.org

The Disability and Health Program

Saturday, June 8
1:00-2:00
Lake Lucerne

The Florida Department of Health, Disability and Health Program (DHP) was formed in 2012 by a 3-year grant award from the Centers for Disease Control and Prevention (CDC). The goal of the DHP is to include Floridians with disabilities in all of the Department of Health activities for health promotion, disease prevention, wellness, and emergency preparedness.

This presentation will explain the history of the DHP and the specific goals that the CDC requires. There will be an open discussion to find out how the DHP can help Floridians with disabilities lead healthy, active lives in their community.

Susan T. Redmon
Florida Department of Health Disability and Health Program
4052 Bald Cypress Way, Bin A18
Tallahassee, FL
(850) 245-4444 ext 2961
susan_redmon@doh.state.fl.us

Claudia Tamayo
University of Florida
Disability and Health Program (DHP)

Miten Patel
University of Florida
Disability and Health Program (DHP)

What Do You Think? A Special Invitation for Teens and Families to Help Shape Florida's Strategic Plan for Successful Transitions to Adult Health Care

Saturday, June 8
1:00-2:00
Lake Mizell A

Join us for an interactive discussion with representatives from CMS/Florida Health and Transition Services (HATS) and Agency for Persons with Disabilities about the state plan to improve transitions from pediatric to adult health care for all young Floridians. You'll learn about strategies that CMS and partners throughout the state are developing to better prepare teens and families for entry to adult health care and to create stronger linkages between systems. We want you to weigh in on the plan: What works? What doesn't? How can the family voice be strengthened? How can teens and families take a leadership role in building effective systems of care? Here's your chance to tell us what you think!

Janet Hess
University of South Florida
2 Tampa General Circle, 5th Floor
Tampa, FL 33606
(813) 259-8604
jhess@health.usf.edu

David Wood, MD
FloridaHATS



Provide for Your Child and Plan for Your Retirement? Not Impossible!

Saturday, June 8
1:00-2:00
Lake Mizell B

Joe is a nationally recognized educator on this very specific type of planning. This presentation will examine how to plan for your retirement and still provide support for your loved one with special needs. It will also touch on such topics as: protection of government benefits, wills, different types of trusts, how HIPAA laws can affect direction of care, health care surrogates, living wills, durable power of attorney, how to fund special needs trusts, guardianship, and accepting a financial gift—what not to do. And



The 15th Annual Family Café

finally, you will have the opportunity to receive a letter of attendance via email after attending this presentation. Presenting at Family Café for years, this is truly a session not to be missed. An hour of your time—a lifetime of information!

Joseph Eppy
Eppy Financial Group and Wealth Management Strategies
1000 Corporate Drive, 7th Floor
Fort Lauderdale, FL 33334
(954) 689-9476
j.eppy@eppyfinancial.com



It's all About Social Interaction (Youth Only)

Saturday, June 8
1:00-2:00
Lake Monroe A

Life is all about interacting with peers. This can be very challenging, especially when you have a disability. The members of the Florida Youth Council know just how difficult the prospect of interacting with peers can be. They also know that it is a vital part of life. In this session they will share their experiences and insights on how to successfully interact with your peers.

Alex Brown
Florida Youth Council
519 North Gadsden Street
Tallahassee, FL 32301
(850) 224-4670
abrown@familycafe.net

Megan Atkinson
Florida Youth Council

Nick Grabowski
Florida Youth Council

Derek Caraway
Florida Youth Council

Iris Roberts
Florida Youth Council

All About Epilepsy

Saturday, June 8
1:00-2:00
Lake Monroe B

Do you think you know everything you need to know about epilepsy? Have you always wanted to know more about seizures, but never got the opportunity to ask? Come join two individuals with epilepsy as they discuss what exactly epilepsy is (and isn't), the different types of seizures, how epilepsy relates to other disabilities, hidden epilepsy, different types of treatments, current research, advocacy, challenges faced by individuals with epilepsy, and available resources.

Jaime Sagona
603 Cedar Bend Circle #203
Orlando, FL 32825
(407) 319-3049
jaime.april@gmail.com

Kimberley Spire-Oh, Esq.
Law Office of Kimberley Spire-Oh, PA
4440 PGA Boulevard, Suite 600
Palm Beach Gardens, FL 33410
(561) 307-9620
kimberley@ksolawfirm.com



Kids Connect!

Saturday, June 8
1:00-2:00
Lake Nona A

This session is for military and non-military children. Operation: Military Kids (OMK) supports youth when their parent is deployed through various youth activities and programs throughout the state. Come have a Fantastically Unbelievable Never-gonna-forget-it time with us and meet the children of those serving our great country. Make a treasure box or a paracord Friendship bracelet. Additional information packets may be available with other activities for youth. Youth will be required to complete a registration card to help OMK contact you with future programs in your area.



Cliff Lewis
Operation Military Kids
P.O. Box 9005, Drawer H503
Bartow, FL 33831
(863) 519-8677 ext. 135
sgmlewis@ufl.edu

Krystal Watson
Florida National Guard
5629 State Road 16 West, Building 2090
Starke, FL 32091-9703
(904) 599-5472
krystal.g.watson.ctr@us.army.mil

Connie Mirrop
Operation Military Kids
Pasco County Extension
36702 State Road 52
Dade City, FL
(813) 355-7476
cmirrop@ufl.edu



Baywatchers Swimming and Special Olympics

Saturday, June 8
1:00-2:00
Lake Nona B

BayWatchers was founded to teach special populations to swim and swim and compete as champions in Special Olympics. Learn to swim in life's journeys.

Joaquin Fermoselle
Tropical Miami Civitan Club
1205 Mariposa Avenue 327
Coral Gables, FL 33146
(305) 808-9494
joaquin.bacardi@usdoj.gov

Ana Maria Miyares
Yazmin Acocella-Ramirez



Passing the Baton: From Parent Advocates to Self-Advocates

Saturday, June 8
1:00-2:00
Lake Sheen A

Parents become advocates the moment they have a child, and the work of passing the advocacy baton begins. Linda Starnes has advocated for the rights of her two children with very different disabilities—in school, medical, recreational, community, and worship settings—to building those skills with Emily, a college sophomore, and Mac, a high school junior, to be strong self-advocates. Gain insights from a family who have “been there and done that.” Learn ideas on moving from parent advocate to encourager, hear about their favorite resources, and receive encouragement that you can pass the baton to your child(ren) too!

Linda Starnes
1710 Greystone Court
Longwood, FL 32779
(407) 538-7180
mrslhs@aol.com



Peer Support and Leadership in Mental Health

Saturday, June 8
1:00-2:00
Lake Sheen B

What is a peer? A peer leader? A peer specialist? Learn about educational, leadership, and advocacy opportunities for peers/consumers with mental health illnesses and their supporters. See how connecting to resources, the community, and education can enhance recovery.

Heather Hawk, CRPS A/F
hjhawk@gmail.com

Dana Foglesong, CRPS-A
dana@peersupportfl.org



The 15th Annual Family Café

What to Expect When Working with a Behavior Analyst

Saturday, June 8
1:00-2:00
Lake Virginia A

This presentation will address basic applied behavior analysis (ABA) history and give a general overview and how the implementation of ABA interventions benefits everyone. For example, the same basic principles can change behavior across settings along with expectations of in-home providers and behavior analysts. Evidence-based examples of ABA interventions will be shared and participants will be provided with tools to replicate these strategies in any setting, leading to process improvement. Attendees will also be provided with real life examples of expectations in-home behavior analysts will place upon them, as well as what they should expect of an in-home behavior provider regarding their integral role played in the in-home treatment process (E.G., behavior observation, data collection, procedure generalization training, functional assessment, etc.).

This presentation will be provided in PowerPoint slide format with evidence-based examples of effective implementation of ABA across settings and expectations placed on parents and foster parents when working with children in the home and the community.

Michelle Llorens
Devereux
5850 T.G. Lee Boulevard, Suite 400
Orlando, FL 32822
(321) 242-9100 ext. 77636
mllorens@devereux.org

Donald Usher
Devereux
5850 T.G. Lee Boulevard, Suite 400
Orlando, FL 32822
(321) 474-5365
dusher@devereux.org

SATURDAY



What's New in Recreation Assistive Technology?

Saturday, June 8
1:00-2:00
Lake Virginia B

Discover the latest in recreation assistive technology and adaptive sports. This will be a hands-on session where participants can experience the latest in tools and toys.

Kristy Carter, CTRS
Tallahassee Senior Center
1400 North Monroe Street
Tallahassee, FL 32303
(850) 891-400



Understanding School to Work—Vocational Rehabilitation

Saturday, June 8
1:00-2:00
Orlando IV

The Florida Division of Vocational Rehabilitation assists secondary education school students with disabilities to transition from school into postsecondary education, training, or directly into employment with the ultimate goal of inclusion in the adult community as productive citizens. Participants will learn about the Vocational Rehabilitation process—including applying for services, timelines for referrals, eligibility guidelines, evaluations, rehabilitation planning, and scope of services.

Keira des Anges
Florida Division of Vocational Rehabilitation
3191 Maguire Boulevard
Orlando, FL 34711
(407) 897-2740
keira.desanges@vr.fldoe.org

2:00 p.m. to 2:30 p.m. **The Special Gathering Choir**, Foyer

2:00 p.m. to 4:00 p.m. **Children's Storyteller**, Orlando V

2:30 p.m. to 3:30 p.m. CONCURRENT SESSIONS

Surgical Management for Spasticity: How the Team Approach Affects Decisions Made and Post-Operative Plans—Part II

Saturday, June 8

2:30-3:30

Lake Concord A

Making the decision for your child with a disability to undergo surgery for spasticity management or to correct orthopedic issues can be complicated. Attending a Spasticity Clinic where all of the treating physicians and therapists can meet with you at one time can help to properly plan interventions. However, once those interventions have been completed, the work for the family has just begun, as the child has to learn to use their body in new ways. This two-part session will include a pediatric orthopedic surgeon, a pediatric physiatrist, and a physical therapist who works with a Spasticity Clinic as well as a client and her family. Rationale for decision-making, as well as postoperative management, will be discussed by all presenters. The sessions will provide both a clinical and a family perspective that will be helpful to those considering similar options.

David Siambanes
St. Joseph's Children's Hospital
3003 West Martin Luther King Jr. Boulevard
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(813) 554-8903
david.siambanes@baycare.org

Paul Kornberg, MD, FAPMR
Rehabilitation and Electrodiagnostics/
St. Joseph's Children's Hospital
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(813) 228-7696
pkornberg@verizon.net

Shelby and Tom Nurse
1205 Alameda Avenue
Clearwater, FL 33759
(727) 403-3513
shelbynurse@me.com and tnurse@me.com

Lauren Rosen, PT, MPT, MSMS, ATP/SMS
3001 W Dr. Martin Luther King Jr. Boulevard
Tampa, FL 33607
(813) 870-4242
lauren.rosen@baycare.org

Sign Language Myth-Busting

Saturday, June 8

2:30-3:30

Lake Concord B

Break through the myths and discover the ease and benefits of using sign language to stimulate and enhance communication in hearing children of all ages and abilities. Learn some signs you can use right away. You don't need to have any prior knowledge of sign to begin to enjoy its benefits. Come play and sign with us!

Lisa Curley
Sign2Shine, LLC
6029 Winding Ridge Lane
Port Orange, FL 32128
(386) 304-2701
lisa@sign2shine.com

SATURDAY





Let's Get Ready! Planning Together for Emergencies: Sesame Street Disaster Preparedness

Saturday, June 8
2:30-3:30
Lake Down B

This session will help motivate children of all ages to understand why it is important to help mom and dad to know their name, phone number, and where they live so that they can summon help or help their parents during a disaster and what they need to put in their disaster to-go kit.

Linda Carter
No Person Left Behind/Lehigh Acres Fire Control and Rescue CERT
704 Homer Avenue North
Lehigh Acres, FL 33971
(239) 368-6846
linda.carter@lehighacrescert.com

Mary Carter
No Person Left Behind
704 Homer Ave. North
Lehigh Acres, FL 33971-1142
(239) 368-6846
marycarter@comcast.net



Meet APD Director Palmer

Saturday, June 8
2:30-3:30
Lake Eola A

Come and hear Director Barbara Palmer's priorities for the agency in the coming year.

Barbara Palmer
Agency for Persons with Disabilities
4030 Esplanade Way, Suite 380
Tallahassee, FL 32399
barbara_palmer@apd.state.fl.us

Assistive Technology

Saturday, June 8
2:30-3:30
Lake Florence A

Presentation will focus on advocating for assistive technology and navigating the evaluation process and the Individual Education Plan for parents and care givers of students in the Exceptional Student Education program. The presentation will cover 1003.575 Florida Statute and advocating for AT devices. Parents will learn the importance of assessments and how AT can assist in accessing curriculum in the least restrictive environment. The focus will be on AT and how it can assist students to gain educational benefit and a discussion of the importance of assistive technology. The presentation will allow for open dialogue between presenter and participants.

Ann Siegel
Disability Rights Florida
1930 Harrison Street, Suite 1044
Tamarac, FL 33020
(800) 342-0823 ext. 9790
anns@disabilityrightsflorida.org

Parents and School Districts Problem Solving Together

Saturday, June 8
2:30-3:30
Lake Florence B

This session will incorporate problem-solving procedures with communication skills that parents and school



districts can use to work together for the educational benefit of students. Participants will have an opportunity to share helpful strategies with the group.

Patricia Howell
Florida Department of Education
325 West Gaines Street, Suite 604
Tallahassee, FL 32399
(850) 245-0476
patricia.howell@fldoe.org

Aimee M. Mallini
Florida Department of Education
325 W. Gaines Street, Suite 601
Tallahassee, FL 32399
(850) 245-0476
aimee.mallini@fldoe.org

National Core Indicator Surveys for Florida

Saturday, June 8
2:30-3:30
Lake George A

The purpose of this presentation is to provide a broad overview of the collaborative project between National Association of State Directors of Developmental Disabilities Services (NASDDDS) and Human Services Research Institute (HSRI) for the Adult Family and Family Guardian Survey administered by Delmarva Foundation annually. These surveys help states measure performance and include the voices of people with intellectual and developmental disabilities and their families in the conversation about quality and outcomes. The session will include a discussion of strengths and opportunities for improvement across Florida and will conclude with information on how the information from the surveys is utilized and where to find ongoing and additional information.

Theresa Skidmore
Delmarva Foundation for Medical Care
12906 Tampa Oaks Boulevard, Suite 130
Temple Terrace, FL 33637
(850) 671-5096
skidmot@dfmc.org

Robyn Moorman
Delmarva Foundation for Medical Care
12906 Tampa Oaks Boulevard, Suite 130
Temple Terrace, FL 33637
(813) 972-8100
moormanr@dfmc.org

Marino Campus – A Great Place to Learn, A Better Place to Belong

Saturday, June 8
2:30-3:30
Lake George B

The Dan Marino Foundation is executing an ambitious plan to create a unique postsecondary opportunity for young adults, ages 18 to 28 - Marino Campus. Located in downtown Fort Lauderdale, the Campus will afford its students an environment rich with business, educational, and cultural opportunities. It will feature a person-centered learning environment with individualized instruction based on each student's aptitudes and goals. A philosophy of self-determination will permeate the culture of the Campus. Adjunct learning will be offered to students, with and without disabilities, on-campus and through partnerships with businesses, technical centers, and local colleges. There will be a supported residential component using apartments nearby the campus. Marino Campus will provide an inclusive, supportive atmosphere where students will experience success, learn vital life skills, and most importantly, gain independence.

Susan Morantes
The Dan Marino Foundation
400 North Andrews Avenue
Fort Lauderdale, FL 33301
(954) 530-5511 ext. 207
smorantes@danmarinofoundation.org

Jordan Knab
The Dan Marino Foundation
400 North Andrews Avenue
Fort Lauderdale, FL 33301
(954) 530-5511 ext. 266
jknab@danmarinofoundation.org





Facing Your Fears and Dreaming New Dreams

Saturday, June 8
2:30-3:30
Lake Hart A

Based on the “New Star” Training of Early Steps, this presentation has been created by Eliana Tardio—Family Resource Specialist of Early Steps and mother of two children with Down syndrome—for families and children with special needs who have recently been diagnosed, and for those who need a guide to overcome fears and start dreaming new dreams.

Join us for a practical guide on how to become involved, how to overcome the diagnosis, how to gain confidence, and how to keep motivated and walking to the future with hope.

Eliana Tardio
Early Steps of SWFL
8961 Daniels Center Drive Suite 401
Fort Myers, FL 33912
elianatardio@hpcswf.com

Doris Tellado
UF North Central Early Steps
1329 S.W. 16th Street, Room 4-134
Gainesville, FL 32608
(352) 273-8562
dtellado@peds.ufl.edu

SATURDAY



Money Smart

Saturday, June 8
2:30-3:30
Lake Hart B

Money Smart is a comprehensive financial education curriculum, developed by the Federal Deposit Insurance Corporation, designed to help low-and moderate-income individuals outside the financial mainstream enhance their financial skills and create positive banking relationships. Money Smart has reached over 2.75 million consumers since 2001. Research shows that the curriculum can positively influence how consumers manage their finances, and these changes are sustainable in the months after the training.

Financial education fosters financial stability for individuals, families, and entire communities. The more people know about credit and banking services, the more likely they are to increase savings, buy homes, and improve their financial health and well-being.

George Owen
Regions Bank
51 West Bay Street
Jacksonville, FL 32202
(904) 281-7675
george.owen@regions.com

Letting Go: Time to Land the Helicopter

Saturday, June 8
2:30-3:30
Lake Highland A

The Letting Go workshop examines the importance of encouraging independence in a child with special needs. The workshop also discusses how hard it can be for parents to step back and offer the increasing levels of freedom to the child to allow the child to develop that independence. Finally, the training offers some ideas for parents in learning how to let go in a constructive fashion.

Mark Keith
Outreach Services for the Blind and the Deaf (OSBD)
FSDB, 207 North San Marco Avenue
Saint Augustine, FL 32084
(904) 827-2731
keithm@fsdb.k12.fl.us

Say Cheese! 4-H Photography

Saturday, June 8

2:30-3:30

Lake Highland B

Do you enjoy taking pictures? Bring your camera, or cell phone camera. Did you know the camera functions like your EYE? See for yourself with this special camera! This will be an interactive session as much as possible. You will learn about your camera and how to take great photos. You will also judge some photos and learn about lighting, shadows, clutter, and Hat Tricks with your camera. Should be fun...don't forget your camera!

Georgene Bender
University of Florida-4H Youth Development
UF-IFAS Plant City Center, 1200 N. Park Road
Plant City, FL 33563
gmbender@ufl.edu

Dennis Bender
211 Kings Row
Seffner, FL 33584
knavoharts@aol.com

Dads at the Table

Saturday, June 8

2:30-3:30

Lake Louise A

IDEA refers to parents in the plural when discussing the Individual education Process, which means fathers as well. If you have felt less than adequate at the IEP table and want to enhance your skills, come join me—one father to another—to learn about the IEP process and the importance of becoming an active member of the planning process.

Wilbur Hawke
Central Florida Parent Center
1021 Delaware Avenue
Palm Harbor, FL 34684
(727) 789-2400
wilburhawke@embarqmail.com



Advocacy 101—A Basic Overview of Appealing Medicaid Service Reductions or Denials: Part II

Saturday, June 8

2:30-3:30

Lake Louise B

This presentation will empower family members as well as stakeholders by familiarizing them with the administrative hearing process to challenge Medicaid service reductions or denials. Participants will receive a resource manual about self-advocacy in administrative appeal hearings, specifically Medicaid service issues. In addition, participants will learn about basic procedures to initiate an appeal, how to prepare for an appeal, as well as who is present during an administrative appeal. This information will be presented in the form of a sample case, so that participants will see how the process works, as well as what to expect at each stage, and there will be ample opportunity for questions.

Eddie Sheeks
Disability Rights Florida
2728 Centerview Drive, Suite 102
Tallahassee, FL 32301
(800) 342-0823
edies@disabilityrightsflorida.org



Advocating for Students with Invisible Disabilities

Saturday, June 8

2:30-3:30

Lake Lucerne

Students with invisible disabilities—including Asperger's ADHD, and chronic medical conditions—often have a harder time getting supports and services in school settings. This workshop will discuss specific strategies that can be utilized for overcoming school district objections to 504 or ESE eligibility, obtaining appropriate services and supports that meet these students' unique needs, and helping the students transition to future education and work. We will review court decisions and OCR letters that reinforce the responsibility of schools to meet all the educational needs of students with disabilities, even when they have satisfactory grades.

Kimberley Spire-Oh, Esq.
Law Office of Kimberley Spire-Oh, PA
4440 PGA Boulevard, Suite 600
Palm Beach Garden, FL 33410
(561) 307-9620
kimberley@ksolawfirm.com

Mark Kamleiter, Esq.
Special Education Law and Advocacy (SELA)
2509 First Avenue South
Saint Petersburg, FL 33712
(727) 323-2555
mkamleiter@flspedlaw.com

SATURDAY



Couponing 101

Saturday, June 8

2:30-3:30

Lake Mizell B

I will share with participants strategies on how to save a lot of money by couponing. I will provide links to websites that will help them maximize their savings.

Tammy Turner
1406 Delano Trent Street
Ruskin, FL 33570
(813) 298-8012
tammyturner@aol.com



Moving Beyond Being Bullied

Saturday, June 8

2:30-3:30

Lake Monroe A

Bullying in schools and beyond is an ever growing problem. When someone has a disability the problem of bullying becomes even bigger. Many members of the FYC have been bullied themselves and they want to share the experiences and their methods for dealing with being bullied. Join them to hear their stories, find encouragement and learn about tactics on how to deal with being bullied.

Alex Brown
Florida Youth Council
519 North Gadsden Street
Tallahassee, FL 32301
(850) 224-4670
abrown@familycafe.net

Josue Tapia-Ortiz
Florida Youth Council

Megan Atkinson
Florida Youth Council

Iris Roberts
Florida Youth Council

Christina Waldron
Florida Youth Council



A Successful Journey from the NICU to Kindergarten

Saturday, June 8

2:30-3:30

Lake Monroe B

Having a child with a delicate start can be very intimidating to families. The goal of this presentation is to show the route we must travel as parents to make sure our children have the best start possible. We will talk about all the steps we take between leaving the NICU, staying connected with supports through Early Steps, and preparing ourselves for school transition and the services they offer.

Michelle Smith
Infants and Young Children of West Central Florida
448 Arch Ridge Loop
Seffner, FL 33584
(813) 767-7682
michellesmith@tampabay.rr.com



Forward Motion: Providing Healing and Hope to Veterans and their Families

Saturday, June 8

2:30-3:30

Lake Nona A

Equine Assisted Psychotherapy and Learning is rapidly becoming a treatment of choice for returning veterans and their families as they deal with the various challenges of reintegration. The presenters will provide an overview of the principles involved in equine assisted psychotherapy and learning as well as up to date understandings from the literature of PTSD, military sexual trauma, and military family dynamics. The collaborate program, Forward Motion, currently available for veterans in Orlando will be discussed and highlighted. Forward Motion is conducted in partnership by Freedom Ride, Inc. and Stable Foundations equine assisted growth and learning, and is funded through the generosity of the ABB Foundation.

Lorisa P. Lewis, MS, LMHC
Stable Foundations
verticallimitfl@aol.com

Jeannie Forthuber
Freedom Ride
1905 Lee Road
Orlando FL 32810
jeannie519@gmail.com

Angela Reddish
Freedom Ride
1905 Lee Road
Orlando FL 32810

The Journey for John: One Family's Ongoing Upward Trek

Saturday, June 8

2:30-3:30

Lake Nona B

At this presentation, a parent with a 20-year-old son with autism will discuss the progress of her son. Although still challenged developmentally, he is happy, manageable, and motivated to learn. What steps the family took, including ABA early intervention, family consistency, and community sports, will be shared. The intent of this talk is to increase proactive choices for families. Question and answer time will be included.

Maureen Morris
3206 Antiguea Drive
Punta Gorda, FL 33950
(941) 380-4676
solarflair1@comcast.net

SATURDAY



The 15th Annual Family Café

Sexual Health for Individuals with Intellectual Disabilities and Autism: Why is it So Important & What Can You Do About It?

Saturday, June 8
2:30-3:30
Lake Sheen A

Parents and caregivers of children with intellectual and developmental disabilities (IDD) often have so much on their minds that teaching sexual health falls on the backburner. But it is a natural part of being human. However, the subject of sexuality can be daunting for someone with an intellectual disability. Most caregivers and educators find themselves feeling totally unprepared to deal with this subject matter. Unfortunately, lack of proper sexual health education may lead to grave consequences with IDD, including sexual abuse and inappropriate sexual behaviors. This session includes facts, a resource manual, and teaching tips when addressing the sexual health of individuals with IDD.

Nila Benito
Florida Center for Inclusive Communities
Department of Child and Family Studies, College of Behavioral and Community Sciences
University of South Florida, MHC 2113A, 13301 Bruce B. Downs Boulevard
Tampa, FL 33612
(813) 974-7875
benito@usf.edu

SATURDAY



NAMI Family-to-Family Education Program

Saturday, June 8
2:30-3:30
Lake Sheen B

The Family-to-Family course consists of a series of classes for family members of adults with serious and persistent mental illness, as well as those whose behaviors suggest such a diagnosis. It is designed to help families face the challenges of brain disorders and find support, resources, and coping strategies. The course is provided free of charge. Family-to-Family is an experiential education course on mental illness that meets twelve weeks, two and a half hours per week. The course uses a combination of lectures, interactive exercises, and group processes. The curriculum consists of Brain Biology, Schizophrenia, Major Depression, Mania and Schizo-Affective Disorder, Mood Disorders, Basics about the Brain, Problem-Solving Skills, Medication Review, Empathy and Understanding, Communication Skills, Self-Care, Recovery, Advocacy, Review and Evaluation.

Paula Kegelman
NAMI Greater Orlando
1800 Mercy Drive, Suite 300, Box 4
Orlando, FL 32808
(407) 253-1900
paulakeg@gmail.com

Free Universal Design for Learning (UDL) Resources for Students with Reading Difficulties

Saturday, June 8
2:30-3:30
Lake Virginia A

Students with learning disabilities, cognitive differences, as well as visual impairments often struggle with reading and writing. Many times these students are placed in special classes or are pulled out for individual instruction or for tests to be read to them. At home, these students often depend on parents, siblings, or other caregivers to assist them in gaining information from text. By using the concepts of Universal Design for Learning, teachers and parents can begin to give these students more independence with reading. This training will briefly introduce the UDL concept and share several free text to speech tools available to any student who has a computer or "I" device, such as an iPad or iPod.

Julie Tourney
FDLRS Westgate
30 East Texar Drive
Pensacola, FL 32503
(850) 469-5427
jtourney1@escambia.k12.fl.us

Jessica Callaghan
FDLRS NEFEC
3841 Reid Street
Palatka, FL
(386) 329-3811
callaghanj@nefec.org



Exercise Made Easy: Tips for a Fit Lifestyle for Everyone

Saturday, June 8
2:30-3:30
Lake Virginia B

From reducing the risk of obesity to strengthening the brain and lowering stress levels, there are so many wonderful benefits to a consistent exercise routine. My goal is to make exercise accessible to all. I have put together a program of exercises for those with all levels of abilities. My concept is focusing on simple routines based on body weight, targeted moves, and to add to the challenge, the incorporation of simple household tools. Exercise can be fun and a great stress reliever. When we exercise we focus on movement, following directions and form, having rhythm and tempo with our repetitions, and stretching those rarely used muscles. When you move and stretch your body, you are optimizing the function of your body, increasing blood flow to your brain, and in the process, helping to balance metabolism, hormones, and important brain chemicals. Experience the joys of being fit and combat stress in a positive way. My aim is to encourage all family members to be physically active. Come join us and learn the value of being fit.

Tracey McKoy
P.O. Box 416
Weirsdale, FL 32195
(352) 821-2859
sweetcalm469@gmail.com



Karla's Kookies, a Work in Progress: Training and Info Session

Saturday, June 8
2:30-3:30
Orlando IV

Party on! Join the celebration. Presenters will create a birthday party celebration atmosphere that will include a cookie decorating activity, face painting, and dancing, all to showcase Karla's Kookies and her team at work. Attendees will have the opportunity to observe some of the techniques utilized to teach Karla, and the skills needed to become a baker, in order to start her cookie and biscotti business. Light refreshments will be offered.

Karla Herrera
Karla's Kookies
17338 NW 61 Place
Miami, FL 33015
yolyherrera@bellsouth.net

Yolanda Herrera
Karla's Kookies
17338 NW 61 Place
Miami, FL 33015
yolyherrera@bellsouth.net



Baywatchers Show How We Are All Born2Swim.net with Tropical Miami Civitan Special Olympics

Saturday, June 8
2:30-3:30
Quiet Pool

Born2Swim with Baywatchers Special Olympics' Competitive Team and The Tropical Miami Civitan Club under the direction of Yazmin Acocella-Ramirez will present not only adaptive recreational sports but,



The 15th Annual Family Café

more importantly, water survival and swimming skills for participants with challenges from six months to adulthood.

Baywatchers enjoys the community spirit and important benefits that it receives from the free instruction that Born2Swim Academy provides for swimmers with developmental disabilities, which engenders tools to avoid sad water-related outcomes. We are a Miami-Dade benefit charity and congratulate Yazmin Acocella-Ramírez for their advocacy.

Joaquin Fermoselle
Tropical Miami Civitan Club
1205 Mariposa Avenue 327
Coral Gables, FL 33146
(305) 808-9494
joaquin.bacardi@usdoj.gov

Ana Maria Miyares
Yazmin Acocella-Ramirez

2:00 p.m. to 4:00 p.m. **Children's Storyteller**, Orlando V

3:30 p.m. to 4:00 p.m. **Pyramid Players**, Foyer

4:00 p.m. to 5:00 p.m. CONCURRENT SESSIONS



Early Adaptive Mobility: Who Needs It and Why It's So Important

Saturday, June 8
4:00-5:00
Lake Concord A

Mobility is important for normal cognitive and social development in children. Independent mobility results in the development of depth perception and object permanence, and it prevents the development of learned helplessness. As children with disabilities have difficulty crawling and walking, augmented mobility is very important. The effects of mobility on development will be discussed. This talk will include research on the use of powered mobility devices in very young children, including the use of non-conventional devices. The positive effects of mobility and how this applies to all children with mobility limitation will also be discussed.

Lauren Rosen, PT, MPT, MSMS, ATP/SMS
St. Joseph's Children's Hospital
3001 West Dr. Martin Luther King Jr. Boulevard
Tampa, FL 33607
(813) 870-4242
lauren.rosen@baycare.org

Physically Challenged: Why Are We Different? Come and Chat With Us

Saturday, June 8
4:00-5:00
Lake Down A

But we use a wheelchair, are we different? Come and share your frustrations, successes, and secrets. I am the parent of a 30-year-old, Liz, who was born with Spina Bifida. We have lived with the challenges and are still struggling with finding independence.

This is a parent-to-parent chat where we will talk about living with wheelchairs, ramps, catheters, bowel programs, IEP's, and anything else you want to talk about. We will start out sharing some of our story and then open it up for everyone to share.

Char & Liz Meese
1215 Emerald Hill Way
Valrico, FL 33594
(814) 842-0948

SATURDAY





Let's Just Do It!

Saturday, June 8
4:00-5:00
Lake Down B

This session will help motivate everyone into "Let's Just Get It Done." We will discuss: 1- Reasons we don't just do it, 2- Actions for not doing it, 3- Motivation, 4- Advocacy, 5- Getting results and being heard. Everyone is welcome to this session.

Linda Carter
No Person Left Behind/ Lehigh Acres Fire Control and Rescue CERT
704 Homer Avenue North
Lehigh Acres, FL 33971
(239) 368-6846
linda.carter@lehighacrescert.com

Mary Carter
No Person Left Behind
704 Homer Avenue North
Lehigh Acres, FL 33971-1142
(239) 368-6846
marycarter@comcast.net

Family Cafe Women's Enrichment Session

Saturday, June 8
4:00-5:00
Lake Eola B

You know how we roll... It's time again for a "Women Power" Jam session during this 15th annual conference. Hopefully, many familiar faces will attend this enrichment workshop, as well as many new faces that we look forward to meeting. Sorry guys, this one is just for us women! We have things to discuss that are for our ears only... we're sure that you won't miss us too much. Now, seriously, well, not so serious, but nevertheless, you, in all your "Wonderfulness" are welcome to come learn and share on those topics that are important to us as wives, mothers, grandmothers, sisters, aunts, students, females, etc. (you get the point). Come and be encouraged, inspired, and motivated to continue to be the awesome multi-taskers that we are, and outstanding Women who Rock! You know there will be surprises planned!

Malverna N. Streater
Team Streater Seminars & Services
P.O. Box 14625
Tallahassee, FL 32317
(850) 765-5020
bobandmal@yahoo.com



Becoming a (Better) Self-Advocate: Helping Kids and Young Adults Learn to Make THEIR Voices Heard

Saturday, June 8
4:00-5:00
Lake Florence A

Parents often aspire to be the best possible advocates for their children's rights, needs, and wants. While kids certainly need Mom and Dad to be in their corner, the goal of this presentation is to help teach kids and young adults to effectively speak for themselves, so that they can achieve not only their educational, career, and community living goals, but also the ultimate goal of a fully self-determined, fully self-actualized life.

Rebecca Crosby, MSW
Partners in Policymaking, Class of 2012,
Florida Self Advocacy Alliance
15210 Amberly Drive, Apt. 1612
Tampa, FL 33647
(407) 927-1787
BCKnight98@aol.com

Vicki Ahern
Partners in Policymaking, Class of 2012
7533 SW 28th Street
Davie, FL 33314
(754) 246-4559
vickiadvocate@aol.com

SATURDAY



Amanda Baker
Partners in Policymaking, Class of 2005, Florida Self Advocacy Alliance
1311 Grace Avenue, Apt. B
Panama City, FL 32401
(850) 691-7872
abaker1532@comcast.net

Hospital Wise: How to Survive the Hospital

Saturday, June 8
4:00-5:00
Lake George A

Nearly 100,000 Americans die yearly in the hospital due to preventable errors. For patients with disabilities, especially "Frequent flyers," the stakes are even higher. Those odds go down considerably with an informed caretaker present with the patient. Learn key strategies on how to advocate for your loved-one while in the hospital. You will learn how to navigate the hospital world and how to truly partner with the staff. Be informed, educated and inspired by the presenter, a mother of 6 who adopted children with disabilities, one of which has been in the hospital nearly thirty times in the past two years.

Beth Gore, PhD
617 Royal Crest Drive
Brandon, FL 33511
(813) 967-0880
goredan@hotmail.com



Expanding Opportunities for the Inclusion of Young Children with Disabilities

Saturday, June 8
4:00-5:00
Lake George B

This session will describe the work of a cross-agency group whose goal is to promote inclusive options for young children with disabilities and their families in Florida. The group has been part of a federal initiative designed to support states in increasing family choices for options of high quality inclusive learning opportunities for infants, toddlers, and preschool children with disabilities. Families will learn to navigate systems of services and support.

Lou Ann Long
Children's Forum/Florida Central Directory
2807 Remington Green Circle
Tallahassee, FL 32308
(800) 654-4440
lalong@centraldirectory.org



Facing Your Fears and Dreaming New Dreams – Spanish

Saturday, June 8
4:00-5:00
Lake Hart A

Based on the "New Star" Training of Early Steps, this presentation has been created by Eliana Tardio—Family Resource Specialist of Early Steps and mother of two children with Down syndrome—for families and children with special needs who have recently been diagnosed, and for those who need a guide to overcome fears and start dreaming new dreams.

Join us for a practical guide on how to become involved, how to overcome the diagnosis, how to gain confidence, and how to keep motivated and walking to the future with hope.

Eliana Tardio
Early Steps of SWFL
8961 Daniels Center Drive Suite 401
Fort Myers, FL 33912
elianatardio@hpcswf.com

Doris Tellado
UNF North Central Early s1329 S.W. 16th Street
1329 S.W. 16th Street, Room 4-134
Gainesville, FL 32608
(352) 273-8562
dtellado@ped.s.ufl.edu



Sailing Through Transition

Saturday, June 8
4:00-5:00
Lake Hart B

My child is turning three and leaving the Early Steps program. Now what's going to happen? What are my options? Where and how does my child receive services? What steps do I need to take to ensure the best for my child? If you find yourself asking these questions, then this workshop is for you. Family Resource Specialists Sue Loftis and Sandra Reid will do their very best to answer these questions for you. This workshop, part of the New Star training series, was written by and for families. Through parent-to-parent support, we help one another.

Sue Loftis
Children's Home Society (Early Steps)
1801 Miccosukee Commons Drive
Tallahassee, FL 32308
(850) 219-4275
susan.loftis@chsfl.org

Sandy Reid
Early Steps
2202 Bryan Street
Melbourne, FL 32901
(321) 409-2136 ext. 209
sandra_reid@doh.state.fl.us

The Arc Village – A Unique Residential Community

Saturday, June 8
4:00-5:00
Lake Highland B

The Arc Village heralds a new era in community living for persons with intellectual or developmental disabilities (I/DD). The design of The Village encourages persons with I/DD to live independently in their own homes, enjoy the safety of a secured neighborhood, socialize and share with other villagers, and venture beyond the property to enjoy the educational, employment, and recreational opportunities found in the thriving metropolitan Jacksonville area. The Arc Village will allow residents to be a part of the Jacksonville community in a way that has previously not been possible, while providing an inclusive and totally affordable lifestyle because of partnerships.

Jim Whittaker
The Arc Jacksonville
1050 North Davis Street
Jacksonville, FL 32209
(904) 355-0155
jwhittaker_arc@bellsouth.net

IEP Rights – Instructional Manual for Dads

Saturday, June 8
4:00-5:00
Lake Louise A

Procedural Safeguards? Rights and Responsibilities? To Sign or not to Sign? And so many more questions! There should be an instruction manual that is simple and precise! Where can I find this instructional manual?

Join me for this workshop and get the answers you need to be a well-informed member of your child's educational planning team and the tools you need to do it.



Wilbur Hawke
Central Florida Parent Center
1021 Delaware Avenue
Palm Harbor, FL 34684
(727) 789-2400
wilburhawke@embarqmail.com

Delegate Roundtable: Down Syndrome

Saturday, June 8
4:00-5:00
Lake Lucerne

One of the best ways for people that are new to a situation to become educated about their options is to speak with someone that has “been there” and “done that.” This year at the annual conference, The Family Café Delegates will be hosting roundtable conversations where parents can network with other parents to share experiences and strategies that have worked for them. If you are new to parenting a child with a disability, or if you have a particular challenge your family is facing, this session may provide the support and guidance you need.

This roundtable session will be dedicated to Down Syndrome. Sessions on Autism, Cerebral Palsy, and Mental Health will also be held.

Sandra Ames
25500 SW 162 Avenue
Homestead, FL 33031
(305) 233-1044
Tchrsand@dadeschools.net

What is Consumer-Directed Care Plus (CDC+)?

Saturday, June 8
4:00-5:00
Lake Mizell A

What is Consumer-Directed Care Plus (CDC+)? The Agency for Persons with Disabilities will provide an overview and updates of the program. Presentation will include the application and enrollment process, as well as program requirements as described in the CDC+ Rule and Participant Notebook. We will discuss the iBudget implementation for all CDC+ consumers. The second half of this session will be lecture-free to allow the audience to ask questions.

Ivonne Gonzalez
Agency for Persons with Disabilities
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Cradle to Grave – Special Needs

Saturday, June 8
4:00-5:00
Lake Mizell B

Cradle To Grave – Money & Legal Documents for the Special Needs Family covering Pre-Need Guardianship, Guardianship, Special Needs Trusts, money available for minor children with special needs and for adults with special needs. Funds are available for minor children based upon the income of the parents, but once the child turns 18, the qualifications are based upon the income of the child with the disability. Also, adults with special needs can qualify to collect fifty-percent of the parents social security

SATURDAY

once the parent starts drawing social security and the amount increases to seventy-five percent upon the death of the parent.

Dr. Jess W. Levins, Esq.
Levins and Associates, LLC
8637 Pegasus Drive
Lehigh Acres, FL 33971
(239) 839-8349
jlevins06@comcast.net



Being Healthy with a Disability

Saturday, June 8
4:00-5:00
Lake Monroe A

Being healthy requires a whole body approach, especially when someone has a disability. It is about a body and mind and so much more. What does it mean to be healthy but not to have to friend to spend time with? What does it mean to be healthy, but have no dreams and ambitions? The FYC members will discuss these questions much more in this session.

Alex Brown
Florida Youth Council
519 North Gadsden Street
Tallahassee, FL 32301
(850) 224-4670
abrown@familycafe.net

Derek Caraway
Florida Youth Council

Christina Waldron
Florida Youth Council

Chris Regan
Florida Youth Council

How a Service Dog Changed the Life of a Very Special Boy

Saturday, June 8
4:00-5:00
Lake Monroe B

In this presentation I will take you through the steps we, as a family, took to make a 4 Paws for Ability service dog part of our son's life. We will discuss the process, the amazing benefits, the training, and changes it has made for our son. The commitment is large, but the differences it makes therapeutically, socially, and emotionally, are beyond compare. These animals become their child's new best friend and protector.

Michelle Smith
Infant and Young Children of West Central Florida
448 Arch Ridge Loop
Seffner, FL 33584
(813) 767-7682
michellesmith@tampabay.rr.com



Resources for Military Families

Saturday, June 8
4:00-5:00
Lake Nona A

Come and learn about resources available for military families who have a child with special health care needs. We are here to support you!



Scott Sevin
7-Dippity, Inc.
1313 Ponce de Leon Blvd., Suite 301
Coral Gables, FL 33134
(305) 535-0914
scott@7-dippity.com



Sports Participation and Autism: Getting Your Child Off the Bench

Saturday, June 8
4:00-5:00
Lake Nona B

Motor coordination problems limit interactions with peers and put a child at risk for impaired social skills. Impaired social skills represent a core defining feature of autism spectrum disorders (ASDs). Impairment of motor skills is also a common finding in ASDs. This association of poor motor and poor social skills only increases the challenges for children on the autism spectrum. At the Autism Center, we have identified a significant number of children with motor coordination problems. We will present a description of the children who present with social and motor problems in order to provide families with a model for an effective recreation program utilizing a team approach.

Flora Howie, M.D.
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Maggie Reilly, P.T., M.B.A.
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Bobbie J. Vaughn, Ph.D
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Saint Petersburg, FL 33701
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bobbie.vaughn@allkids.org



Life After High School: Everyone Can Work

Saturday, June 8
4:00-5:00
Lake Sheen A

This interactive session will provide participants with specific examples and successful strategies for gainful employment of individuals with complex DD. Evidence-based practices, including Discovery Vocational Profiles, visual resumes, and online resources for effective school to work transition will be shared through case examples, as well as how these practices can be utilized to impact the lives of individuals right now. Transition outcomes discussed will focus on customized employment, access to post-secondary education, and vocational rehab services and supports.

Nila Benito
Florida Center for Inclusive Communities
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Tampa, FL 33612
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benito@usf.edu

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Help Your Child Succeed! Practical Tips to Organize, Self-Regulate, and Achieve

Saturday, June 8

4:00-5:00

Lake Virginia A

This presentation will give practical strategies to help children with such skills as organization, self-regulation, and positive behavior choices. Our proactive focus will help to guide children towards appropriate decisions to help them succeed both at home and at school.

Stephanie Woods

FDLRS

4210 W. Bay Villa Avenue

Tampa, FL 33611

(813) 837-7791



Special Olympics and You!

Saturday, June 8

4:00-5:00

Lake Virginia B

Special Olympics Florida provides comprehensive year-round sports training and competition in a variety of Olympic-type sports for people with intellectual disabilities, ages 8-up, at no cost. Not only do we provide innovative traditional sports programs for individuals with special needs, Special Olympics Florida also provides a wide variety of non-traditional sports and programming opportunities, such as the Young Athletes Program, Athlete Leadership Programs, Motor Activities Training Programs, Healthy Athletes Initiatives, and Unified Sports programs for the athletes we serve. Local training and sports programs are conducted in almost every county in Florida! Come find out more about the opportunities available.

Roxann Read

Special Olympics Charlotte County

4456 Tamiami Trail A-8

Port Charlotte, FL 33980

(941) 545-4601

roxannread@specialolympicscharlotte.org

Chastity Phillips

Special Olympics Florida

1915 Don Wickham

Clermont, FL 34711

(352) 243-9536 ext. 501

chastityphillips@sofl.org

Susie Doyens

Special Olympics

563 Rotonda Circle

Rotonda West, FL 33947

(941) 830-8848

danlynnd@comcast.net



Karla's Kookies, a Work in Progress: Party Time!

Saturday, June 8

4:00-5:00

Orlando IV

Party on! Join the celebration. Presenters will create a birthday party celebration atmosphere that will include a cookie decorating activity, face painting, and dancing, all to showcase Karla's Kookies and her team at work. Attendees will have the opportunity to observe some of the techniques utilized to teach Karla, and the skills needed to become a baker, in order to start her cookie and biscotti business. Light refreshments will be offered.

Karla Herrera

Karla's Kookies

17338 NW 61 Place

Miami, FL 33015

yolyherrera@bellsouth.net

Yolanda Herrera

Karla's Kookies

17338 NW 61 Place

Miami, FL 33015

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The 15th Annual Family Café

5:00 p.m. to 7:00 p.m. CONCURRENT SESSIONS

Dads' Chat

Saturday, June 8

5:00-7:00

Hospitality Suite 812

Back by popular demand! Wanna hang out? Nah! Oh, just come anyway to the Dad-to-Dad Man Cave chat (no women allowed)! Whether you were able to attend last year or not, please join Mark Keith and Tom Nurse. It will be RELAXING, and you will meet other dads. Mark and Tom come with professional backgrounds and are parents of children with special needs as well, so they have lots to share! We will also talk about experiences and concerns of interest to you. Yes, this was the same event offered last year. So do come again!

Sponsored by: Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf

Mark Keith

Training Coordinator

Outreach Services for the Blind and the Deaf

Tom Nurse

Financial Advisor

Manning & Nurse: Personal Financial Advisors for Families with Special Needs

Moms' Chat

Saturday, June 8

5:00-7:00

Hospitality Suite 875

When we are together as mothers, sharing our experience as parents of children with special needs, it feels good! We can empathize and be compassionate with each other and our unique situation. Overtly, we have something in common (our children). We can also learn, laugh, and build friendships.

Here is an opportunity to experience all that is mentioned above. We invite you to join us for an informal relaxing chat. So who are we? Pam Kissoondyal, Shelly Voelker, and Melissa Tremblay: we are all professionals, as well as parents of children with special needs, so we have lots to share! We will also talk about experience and concerns of interest to you.

Sponsored by: Florida Outreach Project for Children and Young Adults who are Deaf-Blind and Outreach Services for the Blind and the Deaf.

7:00 p.m. to 9:00 p.m. Family Entertainment featuring The Big Big DJ Show, Orlando Ballroom

SATURDAY

Saturday Entertainment Highlights



The Special Gathering Traveling Choir draws from four choirs from Brevard and Indian River Counties. The choir sings a variety of Christian music. The highlight of their year is the concert they perform each May for more than 200 of their peers at Retreat Agape in Vero Beach. They especially enjoy singing up tempo selections. They equally excel performing the slower and more contemplative worship music. Working hard, the choir memorizes the songs they sing. They have opened for a Carmen concert, a popular Christian singer. They sing at large and small churches.

12:30 p.m. to 1:00 p.m. **The Special Gathering Traveling Choir**, Foyer
2:00 p.m. to 2:30 p.m. **The Special Gathering Traveling Choir**, Foyer

The **Pyramid Players** of Tampa have emerged as sought-after performers in the Tampa Bay area. For the past four years, they have drawn enthusiastic crowds at the Family Café with their rousing vocal and dance routines. They embody the Pyramid philosophy that people with intellectual disabilities should be defined by their abilities, not their disabilities.

10:30 a.m. to 11:00 a.m. **Pyramid Players**, Foyer
3:30 p.m. to 4:00 p.m. **Pyramid Players**, Foyer



Mr. Richard's first children's album, "Might as Well Sing," recorded in 2005 won him many awards and recognition including Parent Magazine and the Children's Music Web Awards Best Recording for Children ages 5-8. Richard's latest album includes whimsical musings for dancing kids and hip parents with a mix of styles. When Mr. Richard isn't doing special performances he can be seen around Central Florida singing with children at local bookstores during story time. Mr. Richard will be performing on Saturday. Don't miss out on this wonderful musical experience for toddlers, young children, and parents alike!

2:00 p.m. to 4:00 p.m. **Mr. Richard, Children's Storyteller**, Orlando V

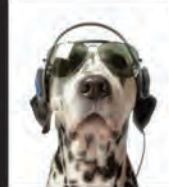
VSA Florida presents some arts and crafts for all ages and abilities. Come have fun and learn about some new art things. Learn how to make an easy clay fish from air dry clay, color a dinosaur, or bead a necklace. Learn about printmaking by making a fish print from rubber fish and by making your own print block from foam sheets. Presented by Lori Emly, VSA Brevard and VSA Florida.



The BIG BIG DJ Show!



DJ Scott



DJ Dawg



DJ Tanner

*Live on
Saturday Night!*

It's time to dance! The BIG BIG DJ Show is coming to Family Cafe! This year will be the biggest Family Café dance party ever!



Get Ready!

Get ready to rock the house this weekend! More dances, more fun, more special guests! All of your favorite activities from past Family Café Saturday nights plus TWO GIANT VIDEO SCREENS!



Interactive!

Get the people involved! Our DJ's have performed over 3000 shows at all 3 major Orlando theme parks. We get the crowd singing, dancing and laughing. Do a conga line, learn a new dance step, or just sit back and watch your favorite new music videos!



Sunday, June 9, 2013

10:30 a.m. to 12:30 p.m., Orlando Ballroom



Alexis O. Korycinski

DEFINING BEAUTY: Ms. Wheelchair America

Join us on Sunday for a screening of *Defining Beauty*, a thought-provoking documentary about the vibrant lives of five women with disabilities on their journey to the Ms. Wheelchair America 2010 Pageant, where the concept of beauty is defined through the lens of advocacy and perseverance. For 37 years, Ms. Wheelchair America has showcased the astounding accomplishments of hundreds of women. This award-winning, high energy film, directed by award winning filmmaker, photographer and aspiring philanthropist Alexis O. Korycinski, provides an honest and enriching glimpse into



the lives of Ms. Wheelchair America contestants as they compete for the crown, and challenge themselves to live life beyond their limitations and show the world that true beauty is encompassed in a desire to succeed, a dedication to serve others, and the will to live life on your own terms.

Immediately after the screening, there will be a panel discussion with three Ms. Wheelchair Florida title holders. Ms. Wheelchair Florida State Coordinator Shari Deanna Wilson was named Ms. Wheelchair Florida in 2008. She contracted Dermatomyositis and became a quadriplegic at age seven, and has worked to turn what seemed a hopeless situation into a positive one with great hope ever since. She will be joined by Ms. Wheelchair Florida 2012, Laura-Lee Minutello. Ms. Minutello's platform as Ms. Wheelchair Florida was entitled "Dare to Be Different-One Community." It reflected her hope to inspire others to not only accept, but also embrace the differences that exist in all people. The panel will be rounded out with Ms. Wheelchair Florida 2013, Lisa Jackson, whose platform centers on independence and appropriate accommodations and accessibility for all people with disabilities. Her motto is "help me make it work for me."

8:00 a.m. to 1:00 p.m.
8:30 a.m. to 10:30 a.m.
12:30 p.m. to 1:00 p.m.

Exhibit Hall Open, Orange Ballroom
Outdoor Activities: Rubber Duck Race, Lazy River
Closing and Door Prizes, Orlando Ballroom



Rubber Duck Race

Sunday, June 9 | Kickoff 9:30 a.m. | Lazy River

Here's how you can participate: During the Family Café, purchase your little rubber ducks (just like the one in your bathtub) at the Florida Disabled Outdoors Association (FDOA) booth. FDOA will keep the ducks all together and you will be provided with your duck number. At 9:30 AM, the ducks will be placed in the river at the starting line and they float down the river to the finish line. If your duck is one of the winners, you will be one of the lucky recipients of an amazing prize. There are only 500 ducks, so don't miss your chance!! All participating ducks help the Florida Disabled Outdoors Association (FDOA) and Family Café.





The 6th Annual Youth Summit

A Conference for Youth and Emerging Leaders with Disabilities

August marks the end of summer. Why not end your summer on a high note with **The Florida Youth Council (FYC)** at *The 6th Annual Youth Summit (AYS)* on August 2-3, 2013 in Orlando.

The Annual Youth Summit is a place for young people with disabilities between the ages of 15 and 30 from communities across the state of Florida to come together to learn, share and network. This two-day event is hosted by The Florida Youth Council, a group of youth and emerging leaders with disabilities who have a passion for encouraging leadership and advocacy among their peers. The FYC is all about youth empowerment and youth involvement, and the entire Annual Youth Summit is planned by youth, for youth!

This year's 6th Annual Youth Summit will focus on health and wellness, and will explore what health means for young people with disabilities as they transition from youth to adulthood.

Our series of engaging youth-only sessions will touch on a wide variety of health-related topics, including nutrition, transition from pediatric to adult healthcare, and managing mental health. We also have a great keynote and fun social activities planned for the Summit. There will be plenty of opportunities for attendees to network, and share their thoughts, experiences, and aspirations.

The 6th Annual Youth Summit will be held at The Florida Hotel and Conference Center in Orlando this August 2-3, 2013. Limited financial assistance is available. The room rate is \$99 per night. If you are not requesting financial assistance please contact The Florida Hotel and Conference Center directly at 407-859-1500 to make reservations. For more information, contact The Florida Youth Council and The Family Café at 888-309-2233, or visit www.FloridaYouthCouncil.com.



**COME TO THE FLORIDA YOUTH COUNCIL
BOOTH IN THE EXHIBITOR HALL** *See you there!*

SPORTSABILITY

FLORIDA DISABLED OUTDOORS ASSOCIATION

Florida Disabled Outdoors Association (FDOA) enriches lives through accessible inclusive recreation for all.

Florida Disabled Outdoors Association & The Family Café present the

SPORTSABILITY SAMPLER

Experience how much fun recreation and active leisure can be!

Visit the FDOA booth in the exhibit hall and experience indoor activities and attend the recreation education track to learn about your leisure options!

- **Archery and Fishing Simulator** provided by Florida Fish and Wildlife Conservation Commission.
- **Climbing Wall** provided by On the Edge Children's Foundation.
- **The Recreation Education Track** (Lake Virginia) will provide info on resources available to you!

Wildlife Show by:
Saturday, 9:00 am – 10:30 am
Orlando Ballroom



Rubber Duck Race

Sunday, 9:30 AM on the Lazy River
Purchase your duck at the FDOA Booth!



EVERYONE IS INVITED TO PARTICIPATE!

For more information contact:
Florida Disabled Outdoors Association
(850) 201-2944
www.fdoa.org
info@fdoa.org





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An equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. The telephone number on this document may be reached by persons using TTY/TDD equipment via the Florida Relay Service at 711.



**I WANT
YOU!**

**THEY
NEED
YOU!**

JOIN...

The Family Café
CHANGE AGENT NETWORK

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